

GYM TIME!

Every Wednesday & Thursday
Meet at the Youth Center
3:30 - 4:30 p.m.

Looking to get fit?

Learn new and fun workouts

Learn to workout safe

See positive results

Weightlifting

Sports

Spin

Etc..

Ages 13 thru 18

Free to participate

Must be registered by CYSS

Schweinfurt Youth Fitness

Join the fun.
Register today!

Youth Center

Kessler Field, Bldg. 381

09721-96-6732/ 354-6732