



Schweinfurt Dispatch



Serving the Military Community of Schweinfurt

September 13, 2007

Wuerzburg Health Clinic moves to Leighton

Story and photo by Roger Teel

The Wuerzburg Health Clinic is vacating its longtime home in Wuerzburg's Army hospital and relocating to Leighton Barracks.

The move to building 24, where the health clinic will be co-located with Leighton Dental Clinic, is one of three phases of the hospital's relocation project, according to Capt. Jerry D. VanVector, Bavaria Medical Department Activity (MEDDAC) chief of logistics.

"This is phase two," VanVector said. "Phase one was the planning phase and phase three will be the relocation of the Bavaria MEDDAC to Vilseck in 2008.

"I told the commander (Col. Theresa Schneider) that she was going to be the first to go," VanVector said. "Once she and the command group were out of the building, it sent a signal to everyone that the move was on."

The sweeping changes in the command's local medical capabilities due to closures and drawdowns transformed its command and control structure from a hospital centric model to a network centric model, with eight separate community-based health clinics.

To reflect this shift, the command was renamed the U.S. Army Medical

Department Activity (MEDDAC) Bavaria.

Renovations to building 24 were finished on schedule, and the health clinic should begin moving on or around Sept. 17.

"During the planning phase, Col. Schneider told me there would be a lot of grieving during this move," VanVector said. "She was right. Many people on our staff have worked here a number of years and leaving the hospital is coming as quite a shock."

VanVector said one such employee, Ingrid Purucker, told him she had to find a new entrance to the facility to use when she comes to work.

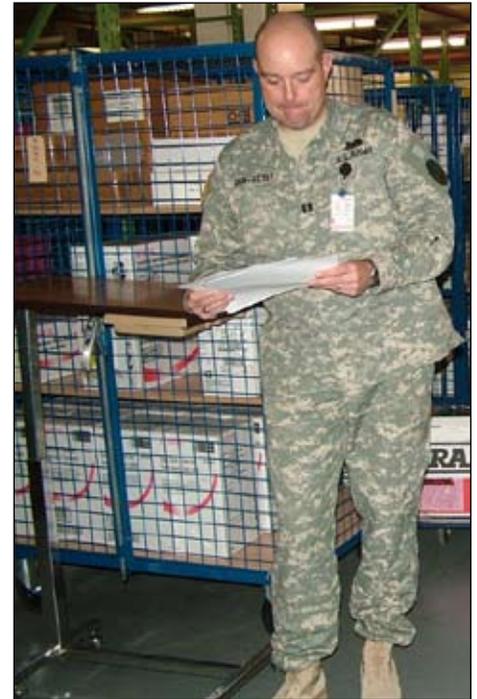
"She's used the same entrance to the hospital nearly every day for all of the 42 years she's been here. Now it just saddens her to walk down the hallways and not see anybody or anything.

"Closing this hospital is like closing a piece of living history. This is one of the first American institutions that many people in this region saw after the war," VanVector added.

VanVector, who just arrived here June 11, said the run-up to the move "has been like running a marathon."

"When I got here none of the planning had been captured, so that was our starting point," he said.

"I've treated this move much like a



Capt. Jerry D. VanVector, chief of logistics for the Bavaria Medical Department Activity, must organize the relocation of every item in the hospital's inventory before Sept. 30.

military deployment," he said, adding that the planning and execution required detailed staff coordination and synchronicity.

"Moving a hospital is like a huge dance;

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Hunzeker pins 1-18 NCOs

Vanguards earn Purple Heart, Bronze Star

Lt. Gen. Kenneth Hunzeker, V Corps commander, left, had the "huge honor" Wednesday of pinning two Vanguard non-commissioned officers with awards stemming from their deployment in support of Operation Iraqi Freedom with the 2nd Brigade Combat Team, 1st Infantry Division. Staff Sgt. Jose Barron, center, earned a Purple Heart, which he accepted with his wife, Arezou, at his side. Sgt. 1st Class Robert Gaskins was also honored, having earned a Bronze Star for his service as a platoon sergeant. Gaskins is also a Purple Heart recipient. (Photo by Kimberly Gearhart)



News Briefs

Memorial Ceremony

The memorial ceremony honoring Spc. Edward L. Brooks and Spc. Kevin A. Gilbertson, both of C Company, 1st Battalion, 77th Armor Regiment, will be held Thursday, Sept. 20 at 10 a.m. in the Ledward Chapel. Limited childcare will be provided at the chapel by CYS outreach.

TKS moved

The Ledward Barracks TKS office has moved and is now located in building 224, just across the parking lot from the old location. The move places TKS in the same building complex as Central Registration, the Tax Relief Office, and Rohr's Café.

Flower shop open

Kate's Flower shop is now open. Kate's is located in front of the PX in what was formerly the Sixt Car Rental trailer. Opening hours are Monday – Friday 10 a.m. to 6 p.m. and Saturday 10 a.m. to 3 p.m.

Subway hours change

In order to provide better service to our customers, we have extended the operating hours of the Schweinfurt Subway. It will now be open an hour earlier, at 9 a.m.

Beauty Shop renovations

The Schweinfurt Beauty Shop, located in the PX complex on Ledward Barracks, will close Sept. 20-25 for renovations. Effective Wed., Sept. 26, the Beauty Shop will reopen with their regular fall operating hours Mon-Fri from 10 a.m. to 6 p.m. and Sat. from 10 a.m. to 4 p.m.

SMS Fall picture day

The Schweinfurt Middle School picture day is Tuesday for all students. Family pictures will also be taken from 2 to 4:30 p.m. No appointment is necessary for Family photos, just show up and sign up. For more information, please contact Pinkie S. Hall, 09721-804301, or pinkie.hall@eu.dodea.edu.

Dodgeball Jamboree

The USAG Schweinfurt will hold an Adult Dodgeball Jamboree Sept. 22 beginning at 10 a.m. This double elimination tournament is restricted to the first 8 teams. Registration will be held through Wednesday at Finney Fitness Center. Prizes awarded to 1st and 2nd place teams. No cost to participate. Call 353-8234 for more info.

SHIP store closed

The Schweinfurt SHIP store will be closed Sept. 17-21 for its annual inventory. We apologize for any inconvenience.

Fall Aerobathon

The next Schweinfurt Aerobathon will be held Saturday from 10 a.m. to 1 p.m. in the Finney Fitness Center. Get a jump start on your fall workout program by participating and trying out different types of fitness activities ranging from aerobics to yoga. Register the day of event and get a free T-shirt for participating.

MWR Street Party

The last Askren Manor Street Party of the summer is this Saturday beginning at noon. In addition to the usual games, food, and bouncy castle fun, there is also the annual Little Miss and Mister Schweinfurt pageant. Wrapping up this summer blow-out will be the Donny Vox Band, performing variety rockin' family fun.

ACS reunion briefings

Reuniting with your spouse after a lengthy deployment can be exciting, joyful, and sometimes downright difficult. The Ledward Army Community Service Center is here to help and will hold reunion briefings throughout September in order to help you prepare for your spouses' return. Upcoming briefings include "Spouse Battlemind Training" Monday from 6 to 8 p.m. and Sept 20 from 11:30 a.m. to 1 p.m. "Happiness After the Homecoming" Tuesday, and "Reunion and Children" Wednesday will both be held from 6 to 7:30 p.m. For more information, call 354-6933.

Schweinfurt Dispatch



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The Schweinfurt Dispatch weekly newsletter is an unofficial publication of the U.S. Army Garrison Schweinfurt, IMCOM-Europe and the U.S. Army authorized under the provisions of AR 360-1.

The newsletter is published and distributed weekly in an electronic format. The newsletter can be viewed on the U.S. Army Schweinfurt website at <http://www.schweinfurt.army.mil>.

This newsletter is a command information product that places emphasis on events and activities occurring throughout the Schweinfurt and Lower Franconia areas.

Information and photos included in this

newsletter are acquired from sources that highlight events, programs and activities in Schweinfurt and Lower Franconia.

Dates, times, locations, and the events themselves might change or be cancelled without prior notice.

To be added to the Schweinfurt Dispatch distribution list, please email: mail.sft.pao@eur.army.mil.

This address can also be used to submit community slides or information on upcoming events, or you can reach the USAG Schweinfurt public affairs office by calling 354-1600/6381 or (09721) 961600/966381.



- 16 SEPT --Lichtenfels Basket Market trip with Arts and Crafts Center. Call for more info. 354-6903.
- 17 SEPT --“Spouse Battlemind Training” reunion briefing, 6 - 8 p.m., Ledward ACS 354-6933.
- 17-21 SEPT --Schweinfurt SHIP store closed for annual inventory.
- 18 SEPT --Civilian Fitness Program assessments, 10 a.m. to 1 p.m., Kessler Fitness Center. Call 354-6793.
--“Happiness After Homecoming” reunion briefing, 6 - 7:30 p.m., Ledward ACS 354-6933.
- 19 SEPT --Civilian Fitness Program assessments, noon to 3 p.m., Kessler Fitness Center. Call 354-6793.
--“Reunion and Children” reunion briefing, 6 - 7:30 p.m., Ledward ACS 354-6933.
--Unit CFC representative training, 10 a.m., Ledward Education Center. Call 354-1770.
- 20 SEPT --“Spouse Battlemind Training” reunion briefing, 11:30 a.m. - 1 p.m., Ledward ACS 354-6933.
--Basic Training for Leaders, from 1 to 3 p.m., Leighton ACS, bldg. 14.
- 21 SEPT --Rising Star (formerly Military Idol) performance 7 p.m. at Abrams Entertainment Center.
--Smooth Move seminar, 9-11 a.m., Leighton ACS. Call 350-7103.
--Yom Kippur service, 6:30 p.m., Leighton Chapel.
- 22 SEPT --MWR Family Friendly Trip to Oktoberfest, free transportation. Call to sign up 350-6305.
- 22-23 SEPT --Volksmarch at Machine Hall in Kutzberg starting at 2 p.m. Saturday & 7 a.m. Sunday.
- 24 SEPT --Wuerzburg SHIP store reopens, Mondays and Fridays, 8 a.m. to 1 p.m., and 2 to 4 p.m.
- 25 SEPT --Immigration briefing, from 8 a.m. to 4 p.m. at the Ledward Theater. Call 354-6604 for info.
--Bulk Trash pick-up for Askren, Yorktown, and leased housing. Put items out night before.
- 26 SEPT --Kitchen Passport, South American cooking, 11 a.m. to 1:30 p.m., Ledward Library.
- 27 SEPT --SCSC Oktoberfest dinner at the Schiesshaus at 5 p.m. Cost 10 euro. RSVP by Sept. 22 at scscsvp@googlemail.com.
- 28 SEPT --B.O.S.S. Meet & Greet kick-off 5 p.m. at Ramon’s Sports Bar. Call 354-6051 for more info.
--Holiday Greetings recordings, 9 a.m. to 4 p.m., in front of the PX on Ledward.
- 29 SEPT --MWR Family Friendly Trip to Oktoberfest, free transportation. Call to sign up 350-6305.
- 29-30 SEPT --Schweinfurt Commissary Case Lot sale, 10 a.m. to 6 p.m.
- 1 OCT --Wuerzburg vehicle registration reopens, M, W, F from 8 a.m. to 4:30 p.m.
- 3 OCT --German holiday: Unification Day, German concessionaires on post will be closed.
- 6 OCT --MWR Family Friendly Trip to Dresden, free transportation. Call to sign up 350-6305.
- 12 OCT --Final Rising Star performance, 7 p.m. at Abrams Entertainment Center.
--“Wee can do it” success series, scrapbooking, from 3:30 to 4:30 p.m., Leighton CDC/SAS.
- 19 OCT --B.O.S.S. Creepy 70s Party 5 p.m. at Finney Sports & Leisure Center.
- 20 OCT --MWR Family Friendly Trip to Nachmann Krystal Factory, free transportation. Call 350-6305.
--B.O.S.S. Salsa Fever concert, Finney Fitness Center, beginning at 5 p.m.

Community 6 week outlook calendar



Civilian Fitness Program: It pays to get fit

Story and photo by
Sandra Wilson

The alarm sounds and you smack the snooze button. "I gotta get up and go to the gym," you think, "But just a little more sleep..."

You promise to yourself that you'll get to the gym, but before you know it, another day has passed by full and busy, but

without any exercise, and you lay in bed at night thinking, "I'll do it tomorrow."

"When you're the most busy, that's when you need to go to the gym," said Angela Hunter, Health Promotion Coordinator.

The Civilian Fitness Program is designed to bulldoze excuses and start getting fit. Enrollment time has arrived once again and now it's time to take advantage

of the opportunity to make lifestyle changes really happen.

Along with the rewards of a healthy body and mind, one of the other attractive aspects of the Civilian Fitness Program is that it allows working out "on the clock" during the workday for the duration of the six-month program.

In essence, government employees, whether civilian or local national, are getting paid to get fit. And that fitness is a benefit not only to employees, but to employers as well.

"I strongly endorse the program. It really helps the morale of the staff. They're more productive at work, more upbeat and positive," said Justin Mitchell, USAG Schweinfurt Deputy Garrison Commander.

The Civilian Fitness Program begins with the pre-assessment which will be held at Kessler Gym Tuesday from 10 a.m. to 1 p.m. and Wednesday from noon to 3 p.m.

At this pre-assessment, diagnostic data will be gathered about your present level of

fitness and body composition.

The requirements for successful completion of the program are attending the pre-assessment, exercising three hours per week, and then attending the final assessment six months later.

If a person enrolls in the program but then discovers that he or she is unable to continue the commitment, then dis-enrollment is not a problem. Hunter stressed that it is important that the person promptly informs her of their intentions.

For those who are concerned about a workout formula or where to start with their exercise regiment, there are fitness coordinators available at no charge.

Dieticians are also accessible at no cost to help build a basic nutrition plan.

"(Our goal) is to improve quality of life," Hunter said.

There is always time to improve quality of life. And the quality of your life depends on you. No more excuses.



Angela Hunter, left, conducts fitness assessments last spring. This month's assessments will be conducted Tuesday and Wednesday in the Kessler Fitness Center in Schweinfurt.

Guiding the Army flock

Last Thursday, Chaplain (Maj. Gen.) Douglas Carver, U.S. Army Chief of Chaplains, came to Ledward Chapel to minister to the Schweinfurt community.

"The world is a really tough place right now," he said, adding that maintaining resilience during this time is essential to the health of the community.

Instead of a sermon, Carver chose to minister through music during his visit. He took a seat at the piano on stage and played worship songs while singing to those gathered.

To conclude the evening, Carver opened the floor for questions and addressed issues like how the Army and the chaplaincy planned to take care of the Soldiers returning from downrange.

Afterwards, the community attended a reception in his honor hosted by PWOC.





CDC caregivers strive for new certification

By Sandra Wilson

Child caregivers at Army Child Development Centers (CDC) are highly encouraged to pursue a Child Development Associate, or CDA, certification in order to improve their quality of work and possibility for advancement.

After clocking a number of hours of training and working at the CDC, caregivers are eligible to request an application for the CDA. Once awarded the associate, the caregiver can qualify for a lead position and higher pay. It also allows room for advancement into supervisory positions.

According to Denise D’Adda, Assistant Director at the Schweinfurt CDC, parents can be assured that a certified caregiver is “more competent, has lots of training, is dedicated, and is in the field for the right reason.”

In order to become a candidate for the certification, caregivers must complete 13 skill-enhancing modules. All of these skills are documented in a portfolio, which upon completion is nearly four inches thick, and then submitted for evaluation.

Other components of the certification process include submitting confidential questionnaires filled out by parents as well as advisors observing and providing coaching for the caregiver. A representative of the National Association for the Education of Young Children comes for a verification visit and administers written and oral tests.

“It’s a good feeling to finally finish [the credential program],” said D’Adda. “Those [who] earned the CDA have told me that they feel more professional.”

Currently, two caregivers at the Schweinfurt CDC have been awarded the Child Development Associate. Eight more workers are still in the process of completing all the required components and awaiting evaluation.



Local CDC providers are pursuing special certification which will help them improve and expand the quality of care offered in the program. (Photo by Mark Heeter)

It took Yolanda Pegher five months to complete the program, but feels the program and its assessments are necessary for keeping caregivers up-to-date in the skills. And in the end, Pegher’s job is all about the children.

“You are the voice for these children,” said Pegher. “You have to keep them safe and protect [them].”

The certification process is so long and complex that simply going through it shows how dedicated a caregiver really is to their job working with children, said D’Adda.

“I thought I didn’t have the patience,” said Pegher, “but I was wrong, because I could get the patience. If I knew how rewarding it was to work with children, I would have come sooner.”



Ramon’s Sports Bar & Grill open

Call them Sappers, Blue Spaders, Steel Tigers (oh my!)—but never call them late for dinner.

Ramon’s Sports Bar & Grill is open and ready for hungry customers. At the grand opening last Friday, Soldiers were allowed to sample the cuisine, which includes American, German, and Argentine items.

Ramon’s is located in the Finney Recreation Center on Conn Barracks, and is open from 8 a.m. to 8 p.m. seven days a week. (Photo by Sandra Wilson)



Wolves ready for action, one last time

Story and photo by
Roger Teel

The Wuerzburg Wolves are nowhere near the football powerhouse they used to be.

Trophies now collecting dust in the school trophy case serve as testament to what once was—four Department of Defense Dependents Schools (DoDDS) Division I championships over the past decade. The Wolves consistently knocked off favorites such as Ramstein and Wiesbaden when it mattered most – for titles.

This year’s pack of Wolves has been relegated to Division III. With Wuerzburg schools slated for closure next year the players and coaches, aware of the school’s athletic tradition, know that this year’s team is the last.

“This is it!” says first-year coach Juanita Johnson-Archie.

“The players all know it’s the end. They all know about the tradition here. That’s why there’s such a strong work ethic when we practice. We are playing to win.”

Johnson-Archie says this year’s Wolves are into “the numbers game.” The players say it’s not the size of the school that matters. It’s the number of players making the team.

“They know that Vilseck or Hohenfels are getting new players... and we’re not. What they see is what they get,” Johnson-Archie explained.

With 27 players currently on the roster, Johnson-Archie says keeping injuries to a minimum and keeping seniors on the field are the keys to success.

“We’ve been practicing since Aug. 20, doing a lot of conditioning, running them pretty hard,” she said.

“As a coach, I’m looking at



Wuerzburg's sophomore quarterback Forte' Cunningham, right, lets loose with a left-handed heave during a recent scrimmage.

it as just football. If we learn to play as a team, learn the basics and stick together, we’ll be successful.”

The first-year coach relies heavily on her volunteer coaching staff. Eddie Johnson serves as defensive coach and O. S. Whitlock guides the offense. John Lapp and German coach, Andreas Nagel, now in his sixth year with the Wolves, “bring a lot to the team,” Johnson-

Archie said.

The Wolves’ regular season begins Sept. 15 in Brunssum, Belgium, where they face perennial DoDDS power AFNORTH International High School. Then they are on the road Sept. 22 to Vilseck.

Should they qualify, the Division III playoffs are where the Wolves want their campaign—and their legacy—to end.

Schweinfurt EEO seeks counselors

By Kimberly Gearhart

The USAG Schweinfurt Equal Employment Opportunity (EEO) office needs volunteers interested in filling positions as collateral duty EEO counselors.

Collateral duty counselors are employees who are assigned in other areas that accept this extra duty with the permission of their supervisor.

“If they have a case to investigate, then being a counselor would take 15-20% of their time,” said Bennie Howse, EEO manager. It is because of this time away from their primary assignments that supervisory approval is required.

EEO counselors investigate complaints of unfair or discriminatory employment practices. Right now, there are no counselors available in the area if and when issues arise.

“Everyone’s moved, and if I have an investigation, I have to ask for help from other garrisons,” Howse said.

To become a counselor, interested parties must submit an application packet, approved by their supervisor, to the EEO office. If selected, the applicant will attend 32 hours of training, and must pass a DA certification exam.

“No matter how many classes you’ve taken, if you don’t pass, you can’t be a counselor,” Howse said.

Applicants should be GS-5 level or the NAF, NSPS equivalent, possess good verbal and written communication skills, and be able to review and investigate complaints with professional objectivity.

Interested parties can obtain an application package by stopping by the EEO office in building 206 on Ledward Barracks or via email by contacting bennie.howse@us.army.mil.

HEALTH CLINIC

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it all has to be synchronized... we can’t jeopardize our providers’ schedules or our patients’ access to care.”

The clinic continues to see patients during the relocation as the medical staff strives to provide seamless health care to all eligible beneficiaries.

The Leighton Health Clinic is expected to be fully operational Sept. 30, including all specialty clinics, the TRICARE service center, the medical records section, laboratory services, pharmacy and the wellness clinic.

“Col. Schneider is committed to preserving the high quality of health care that beneficiaries throughout the Bavarian footprint deserve,” said Maj. Lawanda Warthen, the command’s executive officer.

For information about appointments or services, call 350-2317/3854 or 0931-889-2317/3854.