



Schweinfurt Dispatch

Serving the Military Community of Schweinfurt

Dec. 4, 2008



Support troops: Walk to Iraq and back

By Sandra Wilson

Want to look good for your spouse when he or she returns from Iraq in a year? Or perhaps you would like to support the



troops that have just deployed. Maybe you need something to help lift your spirits and provide a challenging fitness goal.

Operation Walk 4 Freedom has now begun for Schweinfurt's deployed community, and it is open for anyone to register as an individual, family, Family Readiness Group, or other group. By logging the number of steps you take per day for an entire year using a pedometer, you can exercise your way to Iraq (2,000 miles) and back to Germany.

"Last time, many of the spouses in the battalions walked every day, and when the Soldiers came home their attitudes were much improved," said Rebecca Sinclair, 172nd Brigade commander's wife. "A lot of the spouses normally may have not gotten out there, so (the program) helped."

To get started in the program, the Schweinfurt Health Promotion Office offers physical fitness assessments at Kessler Fitness Center Tuesday from 9 a.m. to noon and Wednesday from 1 to 4

p.m. Participants can register there and get a basic evaluation of their blood pressure, resting heart rate, flexibility, cardiovascular health, and more.

"We give them a snapshot of what their overall health report card looks like ... a baseline idea of where they stand with their fitness level ... that way they can make a more informed decision about the type of wellness goal that they want to target for the year," said Angela Hunter, USAG Schweinfurt health promotion coordinator.

The assessments and enrollment are not required to participate in the one-year program, but are a "very important piece" of setting a wellness goal, Hunter says. An added bonus to participating in the assessment is receiving a free pedometer.

Assessments will also be done again six months down the road to record progress and then for the last time at the end of the

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Make video to send to loved ones in Iraq, stateside

By Sandra Wilson

Christmas is nearing and you may have a Soldier on the way to Iraq or perhaps you are just missing your stateside relatives. Planning to mail a care package or special gift to your loved ones can help cast away holiday blues.

Army Community Service (ACS) has the perfect gift for your Soldier or relatives this holiday season, and it can be sent through the mail or via e-mail. By creating a family video through a program offered by ACS, families can send a special and personal message directly to Iraq or the states.

"There's no particular script. It's just what the individual wants to say to their loved one," said Kelly Johnson, administrative technician for the Ledward Yellow Ribbon Room (YRR), where the recordings will take place Dec. 15 and 22.

The YRR, next to the consolidated mail room, provides all the equipment needed to complete the video. Johnson will be on hand to assist with all aspects of the recording.

"The goal of this project is to help families learn how to leverage technology to stay connected to their families far away," said Patricia Lamson, mobilization and deployment specialist at ACS. Learning to use a webcam will be part of the process.

Families can also be creative in how they communicate by what they wear and what they talk about in their message.

"You're limited by your own imagination," Johnson said. The discs hold up to five short videos or the emailing option offers almost unlimited recording space.

Whether patrons choose to record a timeless message that the Soldier can watch again and again throughout the deployment, or whether the disc contains several short messages covering birthdays, holidays, and other special events, the gift is sure to be a treasure to whoever receives it.

For Soldiers downrange, it may be the one thing that brightens their day.

"I think it's the most important thing, to know that you're loved ... (the Soldier) can put that CD back in and say, 'Hey, I know that my family's thinking of me and they love me,'" Johnson said.

To sign up for a time slot to record a video, call 09721-96-6933.





SPRECHEN SIE FUN?

Events and activities in the local communities

Schweinfurt Christmas Market

Open daily until Dec. 22

Mon - Wed: 10 a.m. - 7 p.m.
Thu - Sat: 10 a.m. - 8 p.m.
Sun: 11 a.m. - 8 p.m.



Tomorrow

4 – 4:30 p.m. Women’s choir “Harmony” (Germans from Russia) perform advent music.
5 – 6 p.m. The Junior Big Band of music school Schweinfurt performs.
5 – 6 p.m. Wood Turner Mike Stratton demonstrates his trade at the “Aktions und Sozialstand” booth.

Saturday

11 a.m. – 3 p.m. free child care for toddlers and school age children provided at the youth center, Friedrich Rückert Bau
3 – 4 p.m. Santa Claus arrives in a horse carriage and distributes small presents. Musical entertainment provided by the students of Friedensschule.
5 – 6 p.m. The brass band Rolf Mauder performs advent music.

Sunday

2 – 6 p.m. Bavarian radio station 1 visits the Christmas market. Tilmann Schöberl presents an atmospheric entertainment program for the entire family.

Monday

3 – 4 p.m. Tour of the Christmas market: vendors show how their products are made. Meet at the nativity scene.
5 – 6 p.m. The “Herrensee Musicians” of Kleinrheinfeld perform advent music.

Tuesday

2 – 2:45 p.m. The children’s choir of Franziskus School sings Christmas carols.
3 – 4 p.m. Santa Claus gives presents.
5 – 6 p.m. The music association of Geldersheim performs advent music.

Wednesday

5 – 6 p.m. The brassband of Heidenfeld performs advent music.

Dec. 11

3:30 – 4:30 p.m. Santa Claus passes out goodies at the Christmas market.
4:30 – 5:30 p.m. Christmas bakery, free child care and baking cookies offered by the city youth office.
5 – 8 p.m. The DJs of discotheques “Rock Fabrik” and “Mad” perform a “Rock Christmas.”

Other events...

Now until Dec. 24:



Christmas tree market at the Martin-Luther-Platz in Schweinfurt.

Friday:

Theater play based on a fairy tale by Hans Christian Andersen, the “Snow Queen” for children 5 years and older at the Schweinfurt Theater, Rosbrunnstrasse 2, 9 to 10 a.m. For tickets, call 09721-51475.



Sunday:

Ice hockey game

Schweinfurt Mighty Dogs vs. TSU Erding at the Schweinfurt Icedome at 6 p.m.



Gospel concert

at St. Michael’s Church in Schweinfurt performed by “The very best of Black Gospel” at 7 p.m.

Monday:

Symphony orchestra of Bamberg concert at the Schweinfurt theater, Rosbrunnstrasse 2, 7:30 to 9:15 p.m. For tickets call 09721-51475.

Dec. 13 and 14:

Arts and crafts market in exhibition hall of the “historical” Schweinfurt Rathaus including jewelry, clay figurines, wood crafts, and much more.

Schweinfurt Dispatch



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The Schweinfurt Dispatch weekly newsletter is an unofficial publication of the U.S. Army Garrison Schweinfurt, IMCOM-Europe and the U.S. Army authorized under the provisions of AR 360-1.

The newsletter is published and distributed weekly in an electronic format. The newsletter can be viewed on the U.S. Army Schweinfurt web site at <http://www.schweinfurt.army.mil>.

This newsletter is a command information product that places emphasis on events and activities occurring throughout the Schweinfurt and Lower Franconia areas.

Information and photos included in this

newsletter are acquired from sources that highlight events, programs, and activities in Schweinfurt and Lower Franconia.

Dates, times, locations, and the events themselves might change or be cancelled without prior notice.

To be added to the Schweinfurt Dispatch distribution list, please e-mail: mail.sft.pao@eur.army.mil.

This address can also be used to submit community slides or information on upcoming events, or you can reach the USAG Schweinfurt public affairs office by calling 354-1400/6381 or (09721) 961400/966381.



News Briefs

View youth art

Child, Youth, and School Services, in cooperation with the Boys & Girls Clubs of America, hosts a fine arts exhibit at the Abrams Center Wednesday from 5:30 p.m.-7 p.m. The exhibit will feature artwork by children ages 5-18. Refreshments will be served and the event is open to all I.D. cardholders.

Shop at flea/craft market

Come out to the Schweinfurt Elementary School craft and flea market in the multipurpose room from 10 a.m. to 3 p.m. Shop for homemade gifts and find great deals.

Use of decorative lighting

The use of decorative lighting is limited to the period Nov. 28 through Jan. 9. Turn on lights only between the hours of 5 to 11 p.m. As an exception, personnel may turn on lights beginning at 7 a.m. on Dec. 24, 25, 31, and Jan 1. External decorative lighting is allowed, but use only approved outdoor lights. Do not string lights between buildings.

Patient liaison of the week



Ute Lahr is this week's Schweinfurt patient liaison of the week. Lahr came to the Schweinfurt clinic from Wuerzburg and has been a patient liaison for more than 26 years.

Christmas youth party

Middle school students are invited to the Christmas bash tomorrow at the Ledward Teen Center from 4:30 to 5:30 p.m. in the Club Room. Come and enjoy raffle prizes, team competitions, and music. For more information, call 0160-332-1498.

Elementary needs volunteers

Schweinfurt Elementary School (SES) is looking for some good volunteers to help with the Parent-Teacher Association (PTA). You do not need to have a child in school to volunteer for PTA and no experience is necessary. For more information on how you can help, call SES at 354-6518 or 09721-96-6518.

Community Update Forum

Do you wonder what the Schweinfurt military community has to offer? Come to the monthly Community Update Forum which meets at the Elementary School multipurpose room Tuesday at 6 p.m. Get to know the different agencies around post and learn about your benefits. Get answers to your questions and voice your concerns.

Digital photography contest deadline

Active Duty members and civilians are encouraged to express their artistic abilities and submit their favorite digital images by Sunday to <https://artscrafts.fmwrc.army.mil>. You must complete a personal profile before uploading your photos. For information, visit Ledward Crafts Studio or call 354-6903 or 09721-96-6903.



Tonight-	7 p.m.	Miracle at ST. Anna (R)
Tomorrow-	7 p.m.	Quantum of Solace (PG-13)
Saturday-	4 p.m.	Igor (PG)
	7 p.m.	Quantum of Solace (PG-13)
Sunday-	4 p.m.	Igor (PG)
	7 p.m.	Quantum of Solace (PG-13)
Monday-	closed	
Tuesday-	closed	
Wednesday-	7 p.m.	Nights in Rodanthe (PG-13)

Schweinfurt three-day weather forecast

A.M.		P.M.	
	Friday Cloudy rain and snow Lows 2 C / 36 F		Friday Cloudy with rain Highs 5 C / 41 F
	Saturday Cloudy with rain Lows 4 C / 39 F		Saturday Partly sunny with rain Highs 5 C / 41 F
	Sunday Cloudy with rain Lows 0 C / 32 F		Sunday Cloudy with rain Highs 3 C / 37 F

Source: 21st Operational Weather Squadron



- 12 DEC --Deadline to sign up for adult dodgeball tournament Dec. 18, Finney gym, 2 p.m. Call 353-8234.
- Deadline to sign up for CYSS Parent's Night Out child care Dec. 19 from 6:30 to 11:30 p.m. \$16 for SAS or CDC. Call CYSS at 354-6517.
- 12-14 DEC --Outdoor Rec. snowboard/ski trip to Garmisch. Call for prices and to sign up at 353-8080.
- 14 DEC --Crafts Studio trip to Ziegenhain Christmas Market. Departs Ledward at 8 a.m. Call 354-6903.
- 15 DEC --"Make an email-able Christmas video" class, Yellow Ribbon Room, 9 a.m.-12 p.m., 1 p.m.-6 p.m. Call Army Community Service at 354-6933.
- Sign-up deadline for Christmas market trip to Bad Wimpfen Dec. 20, 35 euro. Call 353-8476.
- 16 DEC --Donate blood at Kessler Fitness Center, 9 a.m. to 3 p.m.
- "Becoming a Love and Logic Parent" class, School Age Services, 9 - 11 a.m. Call 354-6933.
- 16-17 DEC --Auditions for Schweinfurt Community Theater's "School House Rock!" Abrams, 6 p.m.
- 17 DEC --"Saving & Investing 101" class, Army Community Service, 9 - 10 a.m. Call 09721-96-6933.
- "OB Orientation" class: learn about pregnancy, ACS, 9 a.m. - noon. Call 09721-96-6933.
- 18 DEC --"First Impression: Employment Readiness" class, ACS, 2 - 4 p.m. Call 354-6933.
- "FRG Roundtable" class, Army Community Service, 6 - 8 p.m. Call 09721-96-6933.
- 19 DEC --"Daddy Basic Training" class, Army Community Service, 9:30 a.m. - 12:30 p.m. Call 354-6933.
- 20 DEC --Trip to Christmas market in Bad Wimpfen, 30 euro, leaves Finney Gym 8 a.m. Call 353-8476.
- Racquetball tournament, Finney gym, 10 a.m. Registration starts at 9 a.m. Call 353-8234.
- 20-24 DEC --Ledward Library elves give presents to children who check out their favorite story books.
- 22 DEC --Last day for Schweinfurt Christmas market, downtown market square, 10 a.m. to 8 p.m.
- "Make an email-able Christmas video" class, Yellow Ribbon Room, 9 a.m.-12 p.m., 1 p.m. - 6 p.m. Call Army Community Service at 354-6933.
- Teen Center & Club Beyond ski/snowboard trip. Call 354-6732 for details.
- 23 DEC --Sign-up deadline for Spades tournament on Dec. 28, Ledward Library, 6 p.m. Call 354-1740.
- 24 DEC --Candlelight Christmas Service with children's play & adult choir, Ledward Chapel, 5:30 p.m.
- 25 DEC --Christmas Day, U.S. federal and German holiday.
- 26 DEC --Asperger's & Autism support group meets at ACS, 10 a.m. Call for info. at 09721-96-6933.
- 29 DEC --ADD & ADHD support group meets at ACS, 10 a.m. Call for info. at 09721-96-6933.
- 31 DEC --New Year's Eve bash for School Age Services (1st-5th grade), Askren, 4-6 p.m. Call 354-6974.
- 1 JAN --New Year's Day, U.S. federal and German holiday.
- 2 JAN --Sign-up deadline for Prague trip Jan. 17-18. Call BOSS for details at 353-8476.
- 8 JAN --Night skiing begins with Outdoor Rec. Departs 5 p.m., returns 11 p.m. \$25 includes transportation and rental; \$15 if own equipment is used. Call 353-8080.
- 9 JAN --Sign-up deadline for ski trip to Austria with Outdoor Rec. Jan. 16-19. Call 353-8080.
- 21 JAN --Sign-up deadline for Czech Republic crystal shopping trip Jan. 31-Feb. 1. Call 353-8476.

Community 6 week outlook calendar



News Briefs continued...

Santa visits library

Santa visits the Ledward Library Saturday at 2 p.m. to read Christmas stories to the children. Parents can partake in the making of ornaments while stories are read. Materials will be provided. For more information, call 09721-96-1740.

Lunch Bunch gathering

Do you want to get out of the house, make a few new friends, and learn where good restaurants are around town? The Army Community Service monthly Lunch Bunch is the perfect fit. Join Schweinfurt's Lunch Bunch Dec. 11 from 11 a.m. to 2 p.m. St. Nikolaus is scheduled to make an appearance and give gifts to children. Sign up for the carpool or call to get directions to the restaurant at 354-6933 or 09721-96-6933. Experience a little of the German culture with an English-speaking guide to help you translate the menu. Children are welcome! Please bring euro for lunch.

Learn to control anger

Do you know your anger style? Come to Army Community Service's (ACS) three-part series on anger management at Ledward ACS building 242 beginning Tuesday from 3-5 p.m. to find out ways to deal with and control your anger. To sign up, call 354-6933 or 09721-96-6933.

B.O.S.S. sign-up deadline

The deadline to sign up for the Better Opportunities for Single Soldiers (or B.O.S.S) Stuttgart Christmas market trip is Saturday. The trip is Dec. 13 and costs 35 euro. Bus departs from Finney Fitness Center at 8 a.m. For information, call 353-8476 or 09721-96-8476.

Book club meets

Join a discussion about "The Yiddish Policemen's Union" by Michael Chabon at the adult book club Dec. 11. The group meets at the Ledward Library at 5:15 p.m. A copy of the book can be picked up at the library front desk. Coffee, tea, and treats will be served. Call 09721-96-1740.

Mail rooms open

The Community Mail Rooms on Conn and Ledward Barracks open Saturdays until Dec. 27. Pick up your mail or packages during the hours of 10 a.m. and 1 p.m. Hours during the week remain the same.

Food court open later Saturday

Due to the water being shut off in the building, the Main Exchange food court will open at 11 a.m. Saturday.

Adult basketball tourney

Register by Monday for the adult basketball tournament Dec. 15-17 at Finney Gym from 10 a.m. to 6 p.m. Registration is open to the first eight teams who sign up. For more information, call 353-8234.

Open mic night

Every Wednesday night, above Finney Fitness Center, Ramon's hosts an open mic night for anyone interested starting at 6 p.m. Come to sing, play guitar, read poetry, or just have a good time.

Beneficiaries notified of loss of laptop containing medical information

Precautionary measures taken despite low risk of compromised data

BMEDDAC news release

VILSECK, Germany-- Notification letters have been mailed as a precaution to U.S. Army Medical Activity Bavaria beneficiaries, and beneficiaries from other regional medical commands (RMCs) in the United States, advising them a lost laptop may have contained some of their personal information. Officials believe there is a low risk of compromised personal or medical information.



The laptop was in a backpack that disappeared Oct. 4 at the Nurnberg main train station. The incident was reported immediately to U.S. military and German authorities and, though a search and subsequent investigations were launched, the laptop has not been recovered.

Though the names, Social Security numbers and health information of 26 beneficiaries have been confirmed to be on medical documents stored on the laptop, letters were sent to 6,000

other beneficiaries whose personal information may have been on clinic lists or reports on the missing computer.

Connection to a U.S. government network, a secure Common Access Card, and a password are required to access the computer. Encryption software, which makes stored files unreadable by unauthorized users, is installed on the computer.

As a precaution, however, the notification letters were mailed Nov. 24 to advise beneficiaries to keep an eye on their personal finances. They were provided information about government Web sites that provide free credit reports, along with other contact numbers and resources.

Schneider said a beneficiary hotline and E-mail address have been established for those who received letters. The E-mail address is BMEDDAC.Privacy@amedd.army.mil The hotline is DSN 314-476-4627, or commercially 09662-83-4627 from within Germany / (49) 9662-83-4627 outside of Germany, between 7 a.m. to 9 p.m. Central European Time or 1 a.m. to 3 p.m. Eastern Standard Time.

"The Army and our organization take this loss very seriously, and are reviewing current policies and practices to preclude a similar occurrence in the future," said Col. Theresa Schneider, BMEDDAC commander.



CYSS sports offer something for all

By Mark Heeter

The Child, Youth and School Services (CYSS) sports program continues to bring sports to the children – wherever they may be.

The “traveling sports programs,” which have been part of youth sports for many months, have expanded, according to Adio Toliver, CYSS sports program associate.

“With the success that we had, we figured it would be easier to bring the programs to the kids and the youth than to get them to come in to us,” Toliver said, explaining that staffers visit not only the child development center, but also the teen center, school age services and even the schools.

“We’re making sure we’re in those schools, because that’s a shared facility. We have the same kids,” Toliver said.

CYSS sports has broadened beyond the basic team sports, Toliver said, and ideas for new sports and activities continue to come in.

“We’re not just baseball, basketball, football, soccer. We’re doing our best to meet everyone’s needs,” he said.

The CYSS sports all contain basic curriculum or guiding goals that individual managers can adjust, based on the children’s needs, Toliver said.



“At each level, they’re going to get more information about the sport,” he said, beginning with the bambino leagues that introduce children to the very basics. “As they progress, they learn strategy, they learn teamwork, they learn sharing.”

And new children are always welcome to jump in and participate.

“We’re here for the kids. It’s a time they can come and learn a new sport, be with friends,” said Derek Walker, CYSS sports assistant director.

“We always have new kids starting through all the age groups,” Walker said.

“Whatever we can help you with, we’re getting out to do that,” Toliver said.

Scouts learn how to SORT



Brad Posey, USAG Schweinfurt Separate or Recycle Trash (SORT) coordinator, explains recycling to Cub Scout pack 630 at the Conn Recycling Center Nov. 26. The scouts brought various materials to the center to learn how to separate and see what happens to discarded recyclables at the center. After talking about recycling and taking part in a hands-on exercise, the children finished with a discussion about the journey recyclables take once leaving the Conn facility. (Photo by Mike Swinton)

FITNESS

year-long program.

Though physical activity is a large component of Operation Walk 4 Freedom, it is not the only part. The program also addresses other areas of wellness including mental and spiritual.

“It’s a holistic wellness program. If one of those areas is not balanced, or out of sync, it can impact ... other areas of your life,” Hunter said.

There are numerous activities, apart from physical exercise, that also count for mileage in your journey to Iraq and back. For every 15 minutes of participation in specified agency programs, one mile can be logged. Attending an hour of chapel, for example, is spiritual exercise that allows four miles to be logged. Attending an Army Community Service class also gives you mileage. Even going to Family, Morale, Welfare, and Recreation events brings you closer to your goal.

“For myself, I’m going to use it as a stress reliever. And we all want to look great when our spouses come home,” Sinclair said. “This is a way to get out, get in shape, and feel good about yourself.”

For more information call 354-6793 or email SchweinfurtHealthPromotion@eur.army.mil.



Take care to prevent cold weather injuries

By Mark Heeter

Wet socks and windy days: two potential culprits for cold-weather injuries, according to Eduard Sauer, USAG Schweinfurt safety

officer. "When it's wet and your feet are cold, and you do not exercise, you never get them warm," Sauer said, explaining that the majority of cold weather injuries he has seen over the years have been extremity injuries.

against the body, Sauer said. And how does one know when he or she is being injured? "When it's getting numb and you realize you have no feelings anymore," Sauer said. "As long as it hurts you are good, but when it doesn't hurt anymore, then you have a problem."



To prevent such injuries, whether on the ski slopes or at the Gluhwein stand at the Christmas market, clothing makes all the difference, Sauer said.

Wind is also an invisible problem that can cut through to the bone, according to Sauer.

"Make sure to wear clothes in layers, because when you have too much clothing in one piece, you can not take it off," he said.

"Make sure you get out of the wind, if possible. The temperature doesn't have to be too cold and you can still get chilled," he said.

Clothing should also be loose, to allow warm air to be trapped

The National Institute of Health has published a booklet called "Stay Safe in Cold Weather," which is available at www.nih.gov.

DoDEA launches 2008 Customer Satisfaction Survey

DoDEA news release

ARLINGTON, Va. – The Department of Defense Education Activity (DoDEA) will administer its biennial Customer Satisfaction Survey (CSS) from now through February 28, 2009. The CSS provides valuable feedback to DoDEA from its most important customers— students and parents— about the quality of education it provides and areas needing improvement.

12, and sponsors for each child enrolled in DoD schools from pre-kindergarten through 12th-grade were asked to complete the CSS. This year, parents and students will participate in the CSS while DoDEA administrators, teachers and educational support staff will participate in a separate survey— the DoDEA Employee Satisfaction Survey, to be administered during March 2009. As with the CSS, participation in the DoDEA Employee Satisfaction Survey is voluntary and maximum participation is encouraged in order to obtain reliable and valid data.

minutes to complete the survey which will be available online at www.dodea.edu, and clicking on the CSS link.

surveys will be used to improve planning efforts at all levels throughout DoDEA. Schools, districts, and areas will use the survey results to gain insight into the satisfaction levels of sponsors and students, which is one of many measures used for future planning of programs and services offered to DoDEA's students. The survey results will also be used to monitor the DoDEA Community Strategic Plan (CSP), which contains the strategic direction for DoDEA for the years 2006-2011.

The 2008 DoDEA Customer Satisfaction Survey represents a departure from tradition in that the survey will be administered to students in grades four through 12 and sponsors for each child enrolled in DoD schools from pre-kindergarten through 12th-grade. As with prior Customer Satisfaction Surveys, participation remains voluntary and maximum participation is encouraged in order to obtain reliable and valid data.

The survey was developed through a review process of various groups, including DoDEA area representatives and DoDEA headquarters staff, as well as external sources. Some questions were adapted from the Phi Delta Kappa/ Gallup Poll of the Public's Attitudes Toward Schools with additional DoDEA-specific questions. Officials estimate it will take approximately 20

DoDEA Director, Dr. Shirley A. Miles stressed the importance of the survey to the organization's commitment to continuous improvement.

DoDEA plans, directs, coordinates, and manages the education programs for Department of Defense (DoD) dependents who would otherwise not have access to a high-quality public education. DoDEA consists of the Department of Defense Dependents Schools (DoDDS) located overseas, and the Department of Defense Domestic Dependent Elementary and Secondary Schools (DDESS) located in the United States and its territories and possessions.

"The Customer Satisfaction Survey provides us with valuable information to direct our efforts at continuous improvement," she said. "What we learn from the survey is critical to developing our systemic thinking of how we can improve what we do for our students."

Dr. Miles also emphasized the importance of survey participation.

"I want to encourage all parents and students to participate in the survey. A high response rate provides our schools with valuable information about their programs and is part of our continual efforts to improve the quality of education provided to students of military families."

Information derived from the



Single Soldier program still going strong

By Mark Heeter

The USAG Schweinfurt Better Opportunities for Single Soldiers (B.O.S.S.) program is alive. And well.

Deployments traditionally tend to cut into the number of Soldiers who participate, according to Silvia Joiner, B.O.S.S. program coordinator, but the program does not stop.

"I've also noticed you will also have people back here who are in need of the same kind of services that B.O.S.S. offers," said Joiner, who has run the Schweinfurt B.O.S.S. program through several deployments, from Bosnia and Kosovo to Iraq and Afghanistan.

"It's very important to keep the B.O.S.S.

program alive and keep it going while the guys are downrange," she said.

"It's more important now, because we've got to target those Soldiers who are not deploying," said USAG Schweinfurt Command Sgt. Maj. Ernest Lee, who promotes the program each week at the community newcomers' briefings.

"B.O.S.S. is a great program for single Soldiers," Lee said, adding that the program and trips open up to married Soldiers as well when space permits.

Over the next several months, B.O.S.S. has a number of trips planned, in addition to regularly scheduled meetings, according to Joiner, with an eye on increasing participation to ensure the program thrives.

"We have a lot more people left on this post than we've had before," when a unit deploys, Joiner said, pointing to the 1st Squadron, 91st Cavalry Regiment, the 15th Engineer Battalion, and units scheduled to activate or relocate in Schweinfurt over the next several months.

Still, she and Lee keep their eyes on the Soldiers from the 172nd Infantry Brigade (Separate) who recently deployed to Iraq.

"We've got to work double-hard to keep it alive and going in order to take care of everyone when they come back, as well as the people who are here," Joiner said.

The next B.O.S.S. meeting is scheduled for Tuesday at 9 a.m. in the Finney Recreation Center on Conn Barracks. For more information, call 09721-96-8476.

December final month to apply for Soldier Show

Story and photo by Tim Higgs FMWRC Public Affairs

ALEXANDRIA, Va. – Apply by Dec. 31 for an audition to join the cast and crew of the 2009 U.S. Army Soldier Show.

Army Entertainment Division needs vocalists, dancers, musicians, technicians and specialty acts for the song-and-dance extravaganza that provides "entertainment for the Soldier, by the Soldier."

Vocalists, musicians, and dancers must submit a DVD, video cassette, or CD that exhibits their talents. A minimum of two songs or dances of contrasting styles and any additional talents are essential as well as a short spoken introduction.

Candidates should be proficient in reading basic lead sheets or chord charts. Musicians' audition videos must include a recording of a solo performance, which can be supplemented by a recording with an ensemble or band.

The Army Entertainment Division's panel of judges will select Soldier-musicians for live auditions based on the videos and application packets.

Technicians are needed Feb. 1 through Nov. 30 for audio, video, lighting, costuming, and stage technology. Performers and technicians with experience in theatre leadership, team building, and mechanical or electrical aptitude will be considered for a position. Applicants must submit a resume illustrating their experience.

Drivers also are needed to help keep the U.S. Army Soldier Show on the road. Freightliner trucks and a commercial bus are used to transport the cast, crew, and equipment around the country. Applicants with any valid driver's license are eligible for training, but Active duty, Reserve, and National Guard Soldiers with a valid Class A driver's license are preferred.

Application instructions and a letter of release sample

are available on the Internet at ArmyMWR.com by clicking on Recreation & Leisure, Entertainment, and then U.S. Army Soldier Show.

Mail your packet to: United States Army Soldier Show, Attn: 2009 Selection Committee, P.O. Box 439, Fort Belvoir, VA 22060. Via other carriers: United States Army Soldier Show, Attn: 2009 Selection Committee, 6091 Sharon Lane, Bldg. 1434, Fort Belvoir, VA 22060.

All nominees must have a minimum of 90 days time in service remaining after completion of the tour in November 2009, and be deployable worldwide. Soldiers selected for the 2009 U.S. Army Soldier Show must have a change of duty or change of rater evaluation report completed prior to leaving their units.

Reviews of all applicants will take place mid-January and finalists will be notified by Jan. 23. Temporary duty orders will be issued and costs paid by FMWRC for Soldiers to



Pfc. Jokia Goshen (right) of Fort Hood, Texas, and Sgt. Kevin Lynum of Fort Carson, Colo., salute while singing Myron Butler's "Stronger" during the 2008 U.S. Army Soldier Show.

travel to Fort Belvoir for final auditions.

For artistic and technical inquiries, contact Tim Higdon at (703) 806-3698, 656-3698 or timothy.b.higdon@us.army.mil. For military information, contact 1st Sgt. Cynthia Moody at (703) 806-4937 or 656-4937.

FALL '08/WINTER '09 TRIPS

MWR
MID-LEVEL OF YOUR LIFE

OUTDOOR RECREATION CENTER
Conn Barracks, Bldg. 50
CIV: 09721-96-8080
DSN: 353-8080

December 6
Christmas Market Trip
Rothenburg ob der Tauber

December 12-14
Weekend Ski and Snowboard Trip
Garmisch-Partenkirchen

January - February
Night Skiing
Wasserkuppe, Rhoen
ODR goes Night Skiing every Thursday depending on snow conditions.

January 16-19
Ski and Snowboard Trip
Flachau, Austria

February 13-16
Ski and Snowboard Trip
Dolomites, Italy

FINNEY REC CENTER/ BOSS TRIPS

December 20
Bad Wimpfen Christmas Market

January 17-18
Prague

January 31 - February 1
Czech Republic Crystal Shopping Trip
(express trip, no overnight)

February 7
KisSalis Spa, Bad Kissingen

December 14
Ziegenhain Christmas Market

February 28
Dachau

March 14
Lego Land

March 28
Neuschwanstein

ARTS & CRAFTS STUDIO

Ledward Barracks, Bldg. 203
CIV: 09721-96-6903 or
DSN: 354-6903





WANTED
no experience necessary

On Stage
Actors
Dancers
Musicians

Off Stage
Directors
Stage Managers
Lighting / Sound
Hair / Make-Up
Costumer
Set-Design
Construction

The Schweinfurt Community Theatre is starting a new project. The project requires the assistance of the whole community. This project will be a IMCOM-E entry in the Annual Tournament of Plays (ToPpers). The project will be adjudicated by theatre professionals and have the chance to win a "ToPper" Award.

AUDITIONS
December 16 & 17 at 6 p.m.
Abrams Entertainment Center
Youth & Adult

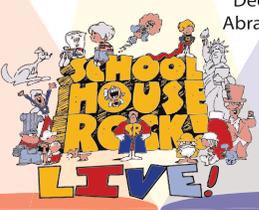
SCHOOL HOUSE ROCK! LIVE!

Rehearsal begins January 5, 2009.
Show Dates: March 6-8 & 13-15, 2009

Contact
Garland Travis
354-6225
09721 96 6225
0162 296 2776
email: garland.travis@eur.army.mil

COMMUNITY THEATRE
USAG SCHWEINFURT

ABRAMS
ENTERTAINMENT CENTER



Operation Walk 4

Freedom USAG Schweinfurt

Fitness Assessments:
December 9, 9 a.m. - 12 p.m.
December 10, 1 - 4 p.m.

Kessler Fitness Center

Register through your FRG or the Schweinfurt Health Promotion Office at
CIV: 09721-96-6793
DSN 354-3793 or e-mail SchweinfurtHealthPromotion@eur.army.mil for details.

Show your support to our deployed troops, and benefit your health, by joining Operation Walk 4 Freedom--a one-year wellness initiative.

USACHPPMEUR
Readiness
Readiness
Readiness
Health




Parents, need a break?

U.S. Army Child, Youth & School Services

Child care for ages SIX weeks THROUGH fifth grade.

PARENTS' NIGHT OUT
DECEMBER 19 - 6:30 - 11:30 P.M.
COST: \$16

Sign up at any CYSS facility by December 12.
Questions? Call Central Registration.
CIV: 09721-96-6414 or
DSN: 354-6417