



Getting ready

Garrison agencies set up families for success

Story and photo
By Mark Heeter

While deployment is around the corner for the 172nd Infantry Brigade (Separate) Soldiers and families, Patricia Lamson is talking about a different kind of corner: the “what-if” corner.

“We help them to see around the corners,” she said, referring to the Soldiers and families from the 1st Battalion, 2nd Infantry Regiment – and the rest of the Blackhawk Brigade – who packed into the Community Club on Conn Barracks Tuesday for the family deployment processing.

“In a perfect world, everything will be fine, but what if?” Lamson pondered. What if an ATM card goes down? What if the wife back here falls ill or injured and needs a little help taking care of the kids. What if they just don’t know who to ask or where to go?

The USAG Schweinfurt and several tenant agencies have gathered throughout the week at the club for the family version of

pre-deployment processing, designed specifically to tackle the “what if” questions and provide families a vast pool of knowledge about what the community has to offer.

“All these things are things you don’t want to think about, but you have to,” said Marsha Byron, embarking on her first deployment, as she discusses some of the more emotionally challenging preparations that she and other families throughout the community have to make before their husbands and wives deploy.

“You have to do a lot of planning ahead to make sure things are in place,” she said.

The FDP has been a regular feature on the USAG Schweinfurt landscape for three prior deployments and changes and improves each time, said Hal Snyder, Army Community Service Director.

The current FDP is a two-phase process that began in October and now includes personal readiness consultants for each



Rose Norcross and her son, Jean, look over the information at the Family Deployment Processing Tuesday.

FDP, See page 5

Deployment-tested spouses discuss decision to remain in community when Soldier deploys

By Sandra Wilson

The upcoming deployment of the Blackhawk Brigade will affect not only Soldiers but also spouses and children, many of whom will ask themselves whether they should head back to the U.S. for a long visit or stay in the overseas community.

The decision is based on what is best for each individual family but is not an easy choice to make, especially for those facing their first deployment. Many here have already been through numerous deployments and shared their experiences.

“I encourage ... women to stay. I know it’s great to go see your family and stuff but when you’re in Germany especially, this becomes your family and these ladies really stick together and make strong bonds and they understand the situation better than your family may,” said Trisha Swienton, whose husband will soon de-

ploy for the third time.

In addition to the community formed with those remaining, Carolyn Hudson, family member of 9th Engineer Battalion, commented about the ease in connecting with her husband downrange because of the free Military Postal System and the time zone of only two hours difference between Germany and Iraq. She had originally planned to leave Germany once her husband departed and her commitments were taken care of with the Family Readiness Group.

“Reasons I wanted to go back: I wanted someone to take care of me, to help with the kids, not be the sole one responsible for running a household. I never did end up going back. I really am thankful I stayed because I think there are a lot of benefits,” Hud-

DECISION, See page 6



SPRECHEN SIE FUN?

Events and activities in the local communities

Saturday and Sunday

Arts and crafts exhibition at the parish hall in Üchtelhausen.

Saturday 2 to 6 p.m. and
Sunday 1 to 5 p.m.



Saturday to Monday

Parish fest in Wasserlosen.

Tomorrow:

“Night light” evening city tour with special charm. Starts at 7 p.m. and goes from the theater along the old city walls, to the white tower, to the city hall and Johannis Church. Meet at the tourist info office, Brückenstrasse 20. For more information call 09721-51498.

Saturday:

Beach Party at Dr.-Maria-Probst-Halle in Wasserlosen at 9 p.m.

Saturday:

Farmers, flea, and antiques’ market the “Markthalle” in Hammelburg on the market square and city hall passage at 9 a.m.



Sunday:

Lantern fest in Hammelburg – STORES WILL BE OPEN DOWNTOWN



Parish fest and lantern walk Pfaffenhausen (near Hammelburg) at 5 p.m.

Volksmarch in Untererthal, 7:30 a.m. to noon, distances: 5, 10 or 20 kilometers



More ...

Tuesday



Lantern walk on St. Martin’s Day of Kindergarten of St. Michael’s Church in Gochsheim at 5:15 p.m.

November 14

Russian Exhibition with music, literature, and fine arts at castle Zeilitzheim, Marktplatz 14 in Koltitzheim-Zeilitzheim at 6 p.m.



November 15

Volksmarch in Volkach, 9 a.m.
“Torch” walk starts at 4 p.m.

Fall concert by the music association of Schwebheim, at the Sportsclub TSV, Schweinfurter Strasse 20 in Schwebheim at 7 p.m.



Schweinfurt Dispatch



Commander Lt. Col. Anthony Haager
Public Affairs Officer George Ohl
Command Information Officer Mark Heeter
Writer/Editors Sandra Wilson
Elvira Gladwell
Emily Athens

The Schweinfurt Dispatch weekly newsletter is an unofficial publication of the U.S. Army Garrison Schweinfurt, IMCOM-Europe and the U.S. Army authorized under the provisions of AR 360-1.

The newsletter is published and distributed weekly in an electronic format. The newsletter can be viewed on the U.S. Army Schweinfurt web site at <http://www.schweinfurt.army.mil>.

This newsletter is a command information product that places emphasis on events and activities occurring throughout the Schweinfurt and Lower Franconia areas.

Information and photos included in this

newsletter are acquired from sources that highlight events, programs, and activities in Schweinfurt and Lower Franconia.

Dates, times, locations, and the events themselves might change or be cancelled without prior notice.

To be added to the Schweinfurt Dispatch distribution list, please e-mail: mail.sft.pao@eur.army.mil.

This address can also be used to submit community slides or information on upcoming events, or you can reach the USAG Schweinfurt public affairs office by calling 354-1600/6381 or (09721) 961600/966381.



News Briefs

Health clinic closed

The Schweinfurt Health Clinic will be closed Monday for a military training holiday and closed Tuesday for Veterans Day. For urgent medical needs, visit the local hospitals or call a German ambulance at 09721-19222.

CYS employment opportunities

Family Child Care is seeking home child care providers. For information, call 09721-96-6551. Child and Youth Services also has openings for flex and part-time employees. Contact the Non-Appropriated Fund Civilian Personnel Office at 354-6444 or 09721-96-6440.

Book club cancelled

There will be no Book Club meeting in November. The next meeting will be held Dec. 15 in the library staff room at 5:15 p.m. The book title is to be determined. For information or to join the Book Club, call 354-6487 or 09721-96-6487.

B.O.S.S. turkey dinner

Better Opportunities for Single Soldiers is having a free turkey dinner Thursday 6 p.m. at Finney Recreation Center/Single Soldier Lounge on Conn. Call 354-8476 for information.

Donny Vox

The Donny Vox band will perform Nov. 12 at the Finney Fitness Center on Conn Barracks. The concert will begin at 7 p.m. Admission is free for all US ID cardholders.

Parent teacher conferences

Parent/teacher conferences for the high school will continue tomorrow at Bamberg High School from 8 a.m. to 3 p.m. with breaks from 11:30 a.m. to 12:30 p.m. Conferences for the middle school are Wednesday. Teachers will hold scheduled appointments from noon to 1 p.m. and from 1 to 3 p.m., parents can come on a walk-in basis. Conferences at the elementary school are Monday and Wednesday from 8:00 a.m. to 2:40 p.m. Call each school for more information.

Community theatre seeks help

The Schweinfurt Community Theatre needs community assistance on-stage and off-stage for the upcoming IMCOM Europe entry in the Annual Tournament of Plays. Contact Garland Travis at 354-6225 or by e-mail at garland.travis@eur.army.mil.

Basketball and cheerleading

School Age Services offers basketball and cheerleading. Registration runs until Nov. 28. Basketball is open to those ages 3 to 15 and cheerleading is open for kids ages 6 to 15. Call 354-6974 or 09721-82181.

Blackhawk Rendezvous

Come out and join the Blackhawk family for a memorable and special occasion. Blackhawk Rendezvous starts Wednesday, 1:00 to 7:00 p.m. on Conn near the Finney Fitness Center with food, games, and mementos. Festivities continue through Thursday where families are invited to attend numerous events on Conn Airfield starting at 2:30 p.m.

Schweinfurt



Tonight-	7 p.m.	Mirrors (R)
Tomorrow-	7 p.m.	Quarantine (R)
Saturday-	4 p.m. 7 p.m.	Traitor (PG-13) Quarantine (R)
Sunday-	4 p.m. 7 p.m.	Traitor (PG-13) Quarantine (R)
Monday-	closed	
Tuesday-	closed	
Wednesday-	7 p.m.	Bangkok Dangerous (R)

Schweinfurt three-day weather forecast

A.M.	Friday	P.M.	Friday
	Mostly cloudy Lows 6 C / 43 F		Partly cloudy Highs 7 C / 45 F
	Saturday Cloudy rain Lows 6 C / 43 F		Saturday Mostly cloudy Highs 9 C / 48 F
	Sunday Mostly cloudy Lows 4 C / 39 F		Sunday Mostly cloudy Highs 8 C / 46 F

Source: 21st Operational Weather Squadron



- 14 NOV** --Birth & Babies II class, Ledward ACS bldg. 242, 9 a.m. - noon. Call 354-6933.
- 17 NOV** --Free computer class: MS Excel I, Ledward bldg. 206, 8:30 a.m.-12:50 p.m. Call 354-6933.
--“Giving Understanding to Teens,” 8 a.m. - 2 p.m., at the middle school library. Call 354-6933.
- 17-19 NOV** --Registration for basketball tournament Nov. 22, Finney gym, 10 a.m. - 6 p.m. Call 353-8234.
- 18 NOV** --Anger Management part I class, Ledward ACS bldg. 242, 3 - 5 p.m. Call 354-6933.
--Becoming a Love and Logic Parent class, 9 to 10 a.m. at School Age Servies. Call 354-6933.
- 18-22 NOV** --Basketball officials clinic, Finney Fitness Center, 6 - 8:30 p.m. Call 353-8234.
- 20 NOV** --Computer class: MS Publisher & photo editing, Ledward, 8:30 a.m.-12:50 p.m. Call 354-6933.
--Indoor pool trip with Outdoor Rec. departs 5 p.m. returns 8:30 p.m. Call 353-8080.
--School Age Services “I’m So Thankful” dinner, 5 p.m. Call 09721-82181
--First Impression Employee Readiness class, Ledward ACS bldg. 242, 1 - 4 p.m. Call 354-6933.
- 21 NOV** --Treasurer Training, 11:30 a.m. - 1:30 p.m. at Ledward ACS bldg. 242. Call 354-6933.
- 21-23 NOV** --BOSS ski/snowboard trip to Edelweiss. \$132 includes hotel, breakfast, dinner. Call 353-8476.
- 22 NOV** --Community Turkey Trot 2, 3, 5, or 10k; Kessler gym, registration 7:30 a.m., run 9 a.m.
- 24-25 NOV** --Gullberg (modern) ballet Schweinfurt city theater (Rosssbrunnstrasse 2), 7:30 p.m.
For tickets call 09721-510 Mon-Fri from 8 a.m.-6 p.m. or Sat 9:30 a.m. – noon.
- 27 NOV** --Thanksgiving Day, U.S. federal holiday.
--Thanksgiving dinner at Conn & Ledward dining facilities, 11:30 a.m. - 3 p.m.
- 27-29 NOV** --BOSS Berlin city tour with Stars in Concert, two overnights 229 euro. Call 353 8476.
- 27-30 NOV** --Outdoor Rec. snowboard/ski trip. Call for prices and to sign up at 353-8080.
- 28-30 NOV** --Holiday Bazaar, Finney Fitness Center, Fri-Sat from noon - 7 p.m., Sunday noon - 4 p.m.
- 29 NOV** --The Dance Masters perform “Best of Irish Dance,” Frankenhalle in Sennfeld, 8 p.m. For tickets call 09721-69138 or 548800/176666 or 01805/4470 or www.ticketonline.de.
- 30 NOV** --Community Christmas tree lighting event, Andrus Garden on Ledward Barracks, 4:30 p.m.
- 1-5 DEC** --Santa Shop open for sales at Schweinfurt Elementary School. Call 354-6734 for times.
- 6 DEC** --Trip to Christmas market in Rothenburg, \$15. Departs 10 a.m. Call Outdoor Rec. 353-8080.
--Trip to Christmas market in Rothenburg, 25 euro. Departs 8 a.m. Call BOSS at 353-8476.
--BOSS Neustadt steam train ride, castle visit and wine tasting, 95 Euro. Call 353-8476.
- 7 DEC** --Army digital photography contest deadline. Call 354-6903 for details.
- 9 DEC** --Community Update Forum, Schweinfurt Elementary School, 6 p.m.
- 11 DEC** --Monthly Lunch Bunch with St. Nikolaus, meet at ACS, 11 a.m. - 1 p.m. Call 354-6933.
- 12-14 DEC** --Outdoor Rec. snowboard/ski trip to Garmisch. Call for prices and to sign up at 353-8080.
- 13 DEC** --Trip to Christmas market in Stuttgart, 35 euro, leaves Finney Gym 8 a.m. Call 353-8476.
- 20 DEC** --Trip to Christmas market in Bad Wimpfen, 30 euro, leaves Finney Gym 8 a.m. Call 353-8476.

Community 6 week outlook calendar



Wilbur and his team go green

By Sandra Wilson

A dash of coffee grounds, a measure of leaves, a handful of nutshell, and a banana peel makes what could be the most desirable mix of ingredients sought after. It's not something you eat—it's the beginnings of a compost pile which the Schweinfurt Elementary School (SES) environmental club has sitting in front of the school.

The club, called Wilbur's Green Team, began this year when music teacher Joel Helston stepped up with an idea. He was inspired to begin the club after a visit from Directorate of Public Works staff to the school, when he and his colleagues learned how they can help the environment.

"We are ... focused on recycling this semester and trying to get a school-wide sorting program and recycling program down," Helston said.

Helston and a band of nearly 30 children gathered for their first meeting in September to explore the possibilities.

"Most of them are just kids that are interested," Helston said, explaining how the number of children who attend the club just



Austin Claytron, a member of Wilbur's Green Team, makes paper at the elementary school. (Photo by Emily Athens)

want to have an active role in the school.

"In addition to it being an educational experience ... it really builds tremendous pride. And the students are empowered to do something for the school," said Beverly Erdmann, assistant principal at SES. "The kids are really excited about it."

The meetings take place after school each Wednesday with a new task to accomplish. Helston's three-phase plan began

with posting proper labels on all the waste containers around the school. Students decorated the signs with pictures of what could be disposed of in each container: plastic, paper, or garbage. The signs were laminated and distributed to all classrooms.

Phase two was to provide receptacles in each grade-level hallway for plastic and paper disposal from each classroom.

Outreach was the third phase to address the need to educate other agencies that use the SES multipurpose room (MPR) for various functions.

The October meetings focused on how to build a compost bin with a variety of biodegradable ingredients.

"Next year, in the spring, we will probably plant and use some of that compost in the flower pots," Helston said, hoping for the team's continued success.

FDP

Soldier, Snyder said, citing two examples of change to this iteration.

"The value added is that Soldiers and families, single and married, get one-on-one time," Snyder said of the consultants.

Significant improvements notwithstanding, the mission of the FDP remains the same.

"It's all about helping our families become self-sufficient while we're gone, and not just self-sufficient but to be plugged in to information circles and groups in the community where they can thrive during deployment," said Lt. Col. Steve Miska, 1-2 Inf commander, who required every Soldier and family in his battalion to take advantage of the ACS personal readiness consultants.

"We're trying to educate them a little bit and give them opportunities, and plug them into the diff resources within the garrison, the community, so they know where to go to," Miska said.

The families have different reasons for attending the FDP and walk away with a new idea or two, but they come away connected for having taken part, according to Fatima Daley, who is about to begin her third deployment and has some advice for her fellow spouses.

"It's good to be active, especially if you are new to the area or don't live on post," Daley said. "Don't be a hermit."



Get that apple!!

Brandon Martin, 5, sinks his teeth into fun, bobbing for apples at the USAG Schweinfurt Harvest Fest in the Ledward Gymnasium. The event, sponsored by the religious services office, drew hundreds of children and their parents. (Photo by Sandra Wilson)



Deadlines approach as local postal officials announce additional holiday hours

By Mark Heeter

The USAG Schweinfurt postal staff remind customers of recommended deadlines for mailing holiday packages and letters to the continental United States.

Postal officials also have announced extended and additional operating hours of the local consolidated mail rooms (CMRs) and post offices.

The deadlines for mailing packages to the U.S., with the hope of arrival by Dec. 25 are: Nov. 28 for Space-Available Mail (SAM); Dec. 4 for parcel airlift (PAL); Dec. 11 for priority parcels and first-class letters; and Dec. 20 for express mail.



Postal officials have also announced that the CMRs on Conn and

Ledward Barracks will open Saturdays, from Nov. 13 through Jan. 3 for mail pick-up from 10 a.m. to 1 p.m. Also, the Army post offices on both installations will open Saturdays from Nov. 22 to Dec. 20, from 10 a.m. to 1 p.m.



DECISION

son said.

Carmelita Taylor, with the 1st Squadron, 91st Cavalry Regiment, had no intention to stay in Germany while her husband deployed for the mission in 2006-07.

"I tried to EROD home ... because we were supposed to PCS anyway right when he got back ... but they told me no, I can't do it," Taylor said, referring to the Early Return of Dependents.

"I didn't want to come to Schweinfurt and start all over. I hated it at first ... but actually it was probably the best thing that happened. I got used to the community," she shared. "The best thing I did was keep busy. It really made time fly."



Taylor

She spent her time mailing party packages downrange for various holidays and making sure the Soldiers in her husband's unit received a care package for their birthday. Volunteering at the elementary school and traveling with her children also enriched her time while he was away.

Theresa Smith, also with the 1st Sqdn, 91st CAV, was new to the overseas community as well and tried to EROD, to no avail.

"But I'm really glad that we stayed. It was challenging at times for sure," Smith said. Her daughter was in first grade when he left, and they both learned the value of the Schweinfurt community.



Smith

"The school was really good with the deployment. I think it also really helps you as a mom and a wife to stand by yourself," Smith said. Her family chose to utilize a lot of the free programs offered during the deployment to add enjoyment to day-to-day life.

Both Taylor and Smith visited family in the states for a short time during the deployment but chose to spend the majority of their husband's 15-month tour in Schweinfurt.

Julie Correia, family member of the 630th Military Police Company, expressed how she was nervous at first about the support system of the community with her being new, especially since their company was so small. She found satisfaction in volunteering and discovered the benefits offered to deployed families remaining in the community.

"It's so important for the kids to have someone just like them," Correia said, explaining how her children could attend school and

participate in sports and activities while being around other kids and adults that understand how it is to have a missing loved one.

For her as a parent, "volunteering is key to finding friends and keeping busy," and the deployment care card gave her an amount of free child care when needed.



Correia

"You need to find something to get involved with," said Joe Garcia, who chose to remain in Germany during his wife's deployment because he wanted to keep the family together. For him, it was his kindergarten son that sustained him while she was gone.

"I gave up a nice job to come over here, (but) I'd do it again if the situation arose," Garcia said. He believes the decision to stay or go should be heavily influenced by the strength of the each couple's marriage.

"If you have a rocky relationship and things aren't going well, maybe you should stay here to try to work those things out whatever they may be. Because the easier it is to run home to mom or that security blanket, whatever that may be, the easier it is to hang it up," he said, explaining his belief relatives back in the states can actually get in the way of someone trying to build a healthy relationship with the spouse downrange.



Garcia

Lauren Meyer, with the 1st Sqdn, 91st CAV, felt closer to her spouse by staying here during the deployment because of the frequent updates and easy access to information provided by the rear detachment. Sara Russell, family member of 9th EN Bn, echoed those sentiments.

"Here, I have direct access to community resources, I am tied into the unit, getting current and accurate information, and I have my friends to rely on," Russell said.

Various factors make up the equation of whether to stay or go. What's the best place for yourself, your marriage, and your children?

"It's a big decision ... carefully weigh all your options. A lot of times it can sound very comforting to go home, but I think you can miss a lot of neat things that can happen while you're gone with people that are in the same stage of life, same situation, that add to the deployment and make it more than just checking days off the calendar, but that it is in some ways a good experience for us," Hudson said.



About those holiday packages

U.S. Customs warns against disease-outbreak risks . . .

By Robert Szostek

U.S. European Command Customs Public Affairs Office

MANNHEIM, Germany – The foot-and-mouth disease outbreak in England last year demonstrates again the devastation foreign pests and diseases could wreak in the United States should they get past our defenses. For this reason, U.S. personnel stationed in Europe must observe strict customs rules that apply for carrying or sending food or plants to America.

For those who choose to ignore these laws, the Bureau of Customs and Border Protection issues fines of \$300 or more. Officials say most military mail violations originate in Germany and Spain and mainly involve sausage and salami.

“Many food items are prohibited from going back to the States,” said Bill Johnson, director of the USEUCOM Customs Executive Agency. “Red meats, sausages, pâtés and salami can harbor germs or disease viruses — even if canned — and are therefore barred from import,” he explained. Even pasta or soup mixes that contain dried meat are not allowed.

Fresh fruits and vegetables are forbidden to be carried or sent into the U.S. because they can contain the eggs of voracious pests. Soil can also harbor the eggs of pests; therefore, everything mailed or shipped to the U.S. must be cleaned thoroughly. It is also for-



bidden to transport foreign plants into the U.S.

Certain processed vegetable or fruit products including canned fruit, olive oil or mustard can be mailed stateside. Cured cheeses, bread, candies and cookies are also acceptable, Johnson added.

To find out more about importing food, plant and animal products into the United States, visit the USDA website at <http://www.usda.gov>

. . . and the high cost of (penalties for) mailing meats

By Robert Szostek

U.S. European Command Customs Public Affairs Office

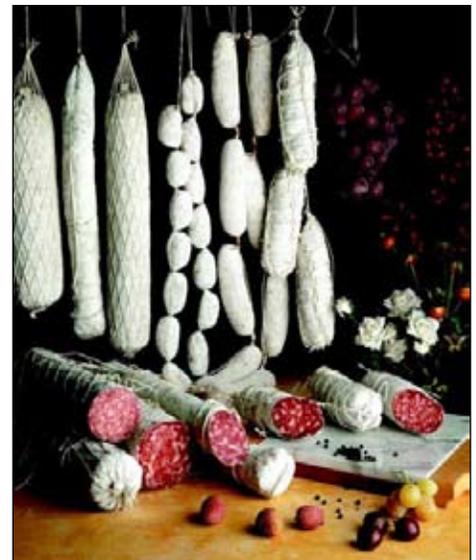
MANNHEIM, Germany — Many U.S. personnel in Europe have received a \$300 fine from the Bureau of Customs and Border Protection (CBP) because they mailed packages of wurst, ham or pâté to America. However, infestations of animal disease cost the U.S. taxpayer millions of dollars each year.

It is illegal to send red meats and sausage to the USA without U.S. Department of Agriculture approval. CBP routinely checks packages from overseas, often with dogs trained to sniff out food. Trying to “sneak” meats into the country is a crime

and it is worth remembering this as you prepare your holiday shopping list later this year.

“All packages mailed to the USA must have a customs declaration,” said Bill Johnson, director of the USEUCOM Customs Executive Agency. “In many cases, people falsely list the contents of packages. Willfully trying to sneak anything into the USA without declaring it, is smuggling and carries very stiff penalties and fines,” he added. “To aid in the fight against pests and diseases in the USA, we must all do our part. We can all start by honoring our import laws. It’s the right thing to do.”

Call a military customs office to find out more or visit our website at www.hqusa-reur.army.mil/opm/uscustoms.htm.



Check Customs and USDA websites for details



Testing provides health professionals baseline

Story and photo by Mark Heeter

Blips on a blue screen, little yellow asterisks, separated by one, two, three seconds. Click. Finger on the mouse. Left-click, right-click. Wait for the next one.

“It’s basically a computer test that tests your cognitive functions, like your reaction time, your memory, your spatial arrangement ability, things that are a little more difficult to see when you look at a person to tell if they’ve been injured,” said Katie Cowart, communications specialist for the Automated Neuropsychological Assessment Metrics (ANAM) team.

Soldiers with the 172nd Infantry Brigade (Separate) are taking the ANAM, a computer-based cognitive-assessment tool, prior to their upcoming deployment, as part of their medical screening. The pre-deployment test will give medical officials a baseline to compare to post-deployment testing for Soldiers who might experience concussions or traumatic brain injuries (TBI).

“This will really give finite, statistical data,” Cowart said.

Many Blackhawk Brigade Soldiers took the ANAM roughly one year ago, the first in Europe to have undergone the post-deployment assessment. 1st Armored Division Soldiers will soon be the first to have been assessed both pre- and post-deploy-

ment with the ANAM.

“The Army has recognized that a lot of Soldiers are having concussions in theater, and this is one measure that the doctors can use to help evaluate the effect of that injury and to track recovery,” said Col. Mary Lopez, program manager for ANAM and telemedicine and rehabilitation.

“We see Soldiers that have come back after they’ve had a concussion, and they can have longer-term problems. So we want to get them early, we want to get them the right kind of treatment, and this is one way to help identify and evaluate and track them forward,” she said.

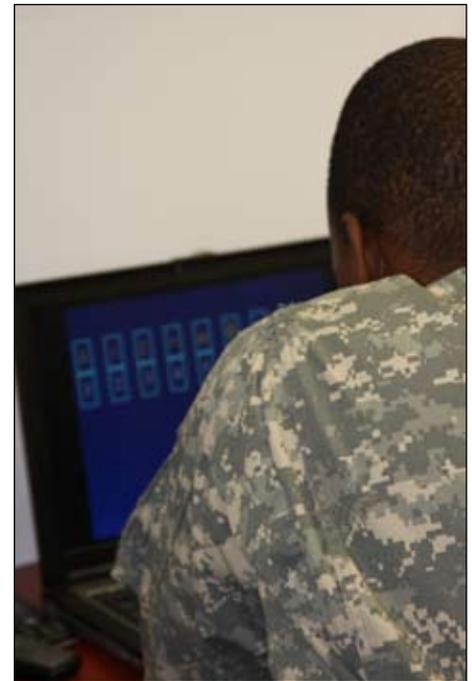
Lopez and Cowart are both quick to dispel the myth that the test and results have anything to do with intelligence.

“This test is not an IQ test in any way, shape or form. That’s the biggest (myth) we get,” Lopez said.

“It measures your own performance. And that’s the critical piece in that,” she said, noting that, whether geniuses or people of normal-range intelligence, test-takers are measured against themselves.

“Basically we’re just looking to make sure we have a good baseline for what each person’s normal function is,” Cowart said.

“I think what happens is that Soldiers tend to dread when they go for a test, and I want them to understand that it’s not a test per-



se, but it’s a computer module. They could go the direction of it being kind of fun if they want it to,” said Jaimin Williams Harris, the ANAM information and technology specialist on-site to ensure the test is properly administered.

That matter of debate about having fun with the ANAM is in the asterisks, numbers and symbols flashing across the computer screen.

November is “Warrior Care Month”: Soldier, family feedback sought

European Regional Medical Command Release

HEIDELBERG, Germany – November is Warrior Care Month, and the Europe Regional Medical Command (ERMC) will be providing information about the health and quality of care for wounded, ill or injured service members and their families.

Visit the ERMC Web site (<http://ermc.amedd.army.mil>) this month for weekly information or to submit a healthcare question by clicking the “Ask the Doc” e-mail link. Questions can also be submitted to Brig. Gen. Keith W. Gallagher, the U.S. Army Europe and 7th Army Command Surgeon and also the ERMC Commanding General, on his blog site.

In addition, the Department of Defense has a new Warrior Care Web site at www.warriorcare.mil that offers information for Soldiers and Families.



The Military Health System is asking wounded, ill or injured service members and their families to help health system leadership better understand the needs and expectations of warriors in their care by completing an online questionnaire.

The questionnaires—one for wounded, ill or injured service members and one for family members—are available through Nov. 28 on the Military Health System Web site at <http://www.health.mil>

The questionnaires ask for feedback concerning a service member’s experience and satisfaction with the care he or she has received since becoming wounded, ill or injured.

All questionnaire responses are anonymous to encourage honest and specific answers that will lead to positive changes in how the MHS handles care for wounded, ill or injured service members.

The questionnaires are part of Defense Secretary Robert Gates’ commitment to supporting wounded, ill and injured service members—ensuring their care is the DOD’s top priority.

DONNY VOX BAND



Live!
NOVEMBER 12, 7 p.m.
In Concert

Finney Fitness Center, Conn Barracks
Free and Open
to all ID Cardholders



www.donnyvox.com



Holiday Bazaar

International Vendors

28, 29 & 30
November

Tax Free
 Stroller Friendly
 Cash, Checks & Credit Cards

Finney Fitness Center
Conn Barracks, USAG Schweinfurt
Friday & Saturday 12-7 p.m.
Sunday 12-4 p.m.



Free T-Shirt

Adult **10K**
 CYS Services **2, 3 & 5K**

Advance Registration: Finney or Kessler Fitness Centers
 Same Day Registration: Kessler Fitness Center
 Information: DSN 354-6735 or 09721-96-6735

November 22, 9 a.m.
Registration begins at 7:30 a.m.
Kessler Fitness Center

Trophies for 1st & 2nd place in each age category.
 Open to ID cardholders ages 6 and older.



CYS Services Super Saturday

Moms and Dads:
Need a break?
We offer child care!
November 22,
9:30 a.m. - 2:30 p.m.

Cost: \$15 ages six weeks - Kindergarten
\$12 grades 1-5



Sign up at Central Registration by November 14
 Ledward Barracks
 Bldg. 224, The Commons
 09721-96-6517 or
 DSN 354-6517

