



Community invited to movie on Kessler Field

By Emily Athens

The community is invited to a free movie showing of "Fireproof," a 2008 film, which is rated PG, that topped the charts and seemingly changed lives everywhere. Sponsored by the garrison Religious Service Office, the event will be held tomorrow at Kessler Field beginning at 8 p.m. In case of inclement weather, the movie will be shown at the Schweinfurt Middle School's multipurpose room.

"The movie explains a lot about relationships between parents, husbands, wives, and

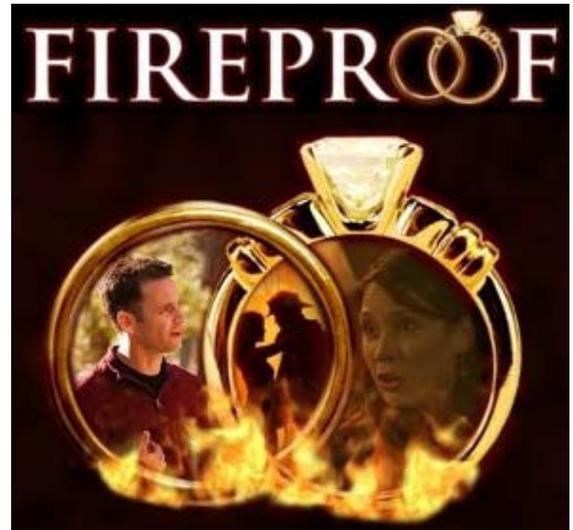
kids, portraying the life of a fireman that is having troubles with his marriage and is trying to save it," said Catherine Gutierrez, Protestant Women of the Chapel president.

Though the movie mainly focuses on a marital relationship, anyone in the community is encouraged to attend. Schweinfurt agencies, such as Social Work Services, the American Red Cross, Army Substance Abuse Program, and the Warrior Transition Unit (WTU) will set up information tables to enhance the theme of the movie

and provide resources and services that are consistently available in the community.

"Our Soldiers and families are faced with many uncertainties. The fear of the unknown can cause tension in a marriage. There are family programs in place to ensure they have access to all available resources," said 1st Sgt. Ron Quinn, of the WTU, identifying the Soldier Family Assistance Center and family readiness groups as helpful social outlets also offering avenues of support.

According to Deputy



Garrison Chaplain one weekend when it (Capt.) Mijikai Mason, was released, making the movie grossed it the highest grossing over \$36 million in Christian film in history.

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Spouses' Club kicks off, welcomes new members

Story and photo by Emily Athens

For those who seek to be more active in the community or simply want a guaranteed monthly outing with other members of the community, the Schweinfurt Community and Spouses' Club (SCSC) is just for you.

According to the organization's mission statement, SCSC is actively serving people of the Schweinfurt community by building



Schweinfurt Community and Spouses' Club (SCSC) president Teresa Duncan, talks with Nicolas Zapien, one of three Cub Scouts of Pack 630 who attended the opening SCSC event to thank the club for their generous donations.

charitable capital and providing grants and services that contribute to the health and vitality of the community.

"We want to do what we can to help every single spouse in the community. We hope to create lifelong friendships and strengthen families. ... that's the bottom line," said Teresa Duncan, SCSC president.

Last year, SCSC distributed \$50,000 throughout the community to agencies such as the Boy Scouts, American Red Cross, and unit family readiness groups, to name a few.

"My goal this year is to meet or exceed the numbers from last year. We do it as a way for us to give back to our community.

"Some organizations and individuals may not be able to do some of the things they do if all of us in the spouses club weren't doing what we're doing," Duncan said.

The club kicked off with a membership drive Sept. 17 with a "red carpet event" at the Conn Community Club. SCSC continues to welcome all ID cardholders of the community, family members and civilians alike, to join for a fee of \$20.

"As a member, you get a chance to do a good thing in the community ... and have fun doing it. It's a good sense of camaraderie. I wouldn't know a lot of the people I know from other units if it weren't for SCSC. Also, if you want to make a positive contribution to the community, SCSC is the way to do

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SPRECHEN SIE FUN?

Events and activities in the local communities

FOR MORE INFORMATION ON LOCAL ACTIVITIES AND EVENTS VISIT:
www.schweinfurtserver.de/user/tourismus/Neu/stadtplan_EN_Endversion_2008.pdf

Tomorrow:



Concert by “The Swingle Singers” at SKF Hall 410 in Schweinfurt at 7:30 p.m. For tickets call 01801-052052, go to www.eventim.de, or buy at the door 30 minutes prior to start of the concert.

Saturday and Sunday:

Gadenfest (traditional fest) at the Kirchgaden in Geldersheim, 2 – 6 p.m.

Mostfest (new apple wine fest) in Oberndorf beginning at 1:30 p.m.



Twin bazaar at Christuskirche, Maibacher Str. 50 in Schweinfurt, 10 a.m. – noon

Saturday and Sunday:

Flea market, children’s clothes and toys, parish hall Maria Hilf in Schweinfurt, 2 – 4 p.m.

Nachkirchweih (traditional fest) with live music, traditional dances and costumes, Am Plan in Schwebheim

Sunday:

Festival at the Kaltenhof in Mainberg, beginning at 11 a.m. Flea market at 1 p.m.

Rock concert at SKF Hall 410 in Schweinfurt at 11 a.m. For tickets call 0931-55554, go to www.eventim.de, or buy at the door 30 minutes prior to start of the concert.

Concert by the Royal Garden Jazz band at castle Hallburg near Volkach. Tickets are sold at the door.

Flea market, children’s clothes and toys at the sportsclub in Oberwerrn, 2 – 4 p.m.

Wednesday:

Salsa course for beginners at dance school Pelzer Wilhelmstrasse in Schweinfurt, 7:15 - 8:15 p.m.



Oct. 1:

Japanese drumming art performed by Uzume Taiko at SKF Hall 410 in Schweinfurt at 7:30 p.m. For tickets call 01801-052052, go to www.eventim.de, or buy at the door 30 minutes prior to the start of the concert.



Wine tasting / wine seminar at the Johanniterhof in Rothenburg at 7 p.m.

LOOKING AHEAD...

Oct. 17:

Dance theater “Black Grace” from New Zealand performs, Schweinfurt Theater, Rosbrunnstrasse 2 at 7:30 p.m. For tickets call 09721-51475 or 09721-51510.

Oct. 23:

Ballet “Don Quixote” performed by the ensemble of St. Petersburger Ballet Theater Boris Elfman, Schweinfurt Theater, Rosbrunnstrasse 2 at 7:30 p.m. For tickets call 09721-51475 or 09721-51510.

Oct. 31:

Black gospel performance, “Total Praise,” Congress Center in Würzburg at 8 p.m. For tickets go to www.getgo.de/total_praise



Schweinfurt Dispatch

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The Schweinfurt Dispatch weekly newsletter is an unofficial publication of the U.S. Army Garrison Schweinfurt, IMCOM-Europe and the U.S. Army authorized under the provisions of AR 360-1.

The newsletter is published and distributed weekly in an electronic format. The newsletter can be viewed on the U.S. Army Schweinfurt web site at <http://www.schweinfurt.army.mil>.

This newsletter is a command information product that places emphasis on events and activities occurring throughout the Schweinfurt and Lower Franconia areas.

Information and photos included in this

newsletter are acquired from sources that highlight events, programs, and activities in Schweinfurt and Lower Franconia.

Dates, times, locations, and the events themselves might change or be cancelled without prior notice.

To be added to the Schweinfurt Dispatch distribution list, please e-mail: mail.sft.pao@eur.army.mil.

This address can also be used to submit community slides or information on upcoming events, or you can reach the USAG Schweinfurt public affairs office by calling 354-1400/6381 or (09721) 961400/966381.



This week...

T-shirt project

Come decorate a T-shirt Monday through Oct. 2 in the Yellow Ribbon Room on Ledward Barracks, any time between 2 and 6 p.m., in recognition of domestic abuse prevention month. T-shirts and supplies will be provided. The completed shirts will be used in the domestic abuse prevention display at the Commons during the month of October. For more information, call 09721-96-6933.

Conn main gate construction

Maintenance on the Conn Barracks main gate will occur Tuesday. Expect delays while traveling in or out of the main gate on Conn Barracks.

Wounded warrior visits

The community is invited to listen to an inspirational message delivered by Lt. Col. Greg Gadson, a double amputee wounded in Iraq in 2007, Tuesday at the Ledward Theater from 9 to 9:45 a.m. Gadson will share his rehabilitation experiences.

Claims office closed

The Schweinfurt claims office will be closed Oct. 1. Normal operating hours will resume Oct. 2. The remaining legal center offices will remain open during normal hours of operation.

High volume vehicle registration coming

The Schweinfurt vehicle registration office expects a high volume of customers in the next few months, due to reintegration. If you have received a renewal application from the registry of motor vehicles, it is recommended you re-register your car as soon as possible. For more information, call 09721-96-8999.

Health clinic appointments

There may be limited appointments and services provided by the Schweinfurt Health Clinic during October and November due to the deployment mission of 1st Squadron, 91st Cavalry Regiment (Airborne) and the redeployment of the 172nd Infantry Brigade. For emergencies, dial 112 or go directly to Leopoldina Hospital.

ESL classes begin

English as a second language level 1 courses begin Monday. Classes will be held for six weeks, and participants can choose to go on Mondays and Wednesdays from 5 to 7 p.m. or on Tuesdays and Thursdays from 1 to 3 p.m. For more information or to sign up, call 09721-96-6933.

Decorate eggs Saturday

The Protestant Women of the Chapel invite the community to come learn the Ukrainian wax method of decorating eggs. The event is free of charge Saturday at the Yellow Ribbon Room from 9:30 a.m. to 2:30 p.m. Materials, tools, and lunch provided for the first 20 women. For details, email pwoc.schweinfurt@gmail.com.

Bulk trash

Bulk trash is scheduled to be picked up from Askren Manor, Yorktown Village, and government-leased housing Tuesday. Please put bulk items out prior to 7 a.m. on day of pick-up but no earlier than the day before. Bulk trash is only those items too large to transport in your vehicle. For more information, call 0162-270-9403.



Tonight-	7 p.m.	I love you Beth Cooper (PG-13)
Tomorrow-	7 p.m.	All about Steve (PG-13)
Saturday-	4 p.m.	G-Force (PG)
	7 p.m.	All about Steve (PG-13)
Sunday-	4 p.m.	G-Force (PG)
	7 p.m.	All about Steve (PG-13)
Monday-	closed	
Tuesday-	closed	
Wednesday-	7 p.m.	The collector (R)

Schweinfurt three-day weather forecast

A.M.	P.M.
 Friday Sunny Lows 10 C / 50 F	 Friday Sunny Highs 18 C / 64 F
 Saturday Sunny Lows 9 C / 40 F	 Saturday Sunny Highs 19 C / 66 F
 Sunday Partly cloudy Lows 10 C / 50 F	 Sunday Sunny Highs 19 C / 66 F

Source: 21st Operational Weather Squadron



- 5 OCT --Combined Federal Campaign kicks off, PX lobby, 11:30 a.m. cake cutting.
- Beginning German language class, Ledward YRR, 11:30 a.m.-1 p.m. Call ACS at 354-6933.
- 5-9 OCT --Schweinfurt newcomers' awareness program for spouses. To register, call 09721-96-6933.
- 6 OCT --Coffee bar opens at the Ledward library. Celebrate noon-1 p.m. Details at 09721-96-1740.
- Holiday greetings video recordings, Ledward PX, 9 a.m. to 4 -p.m.
- 8 OCT --Community theater presents "The Way of All Fish," Abrams Center, 7 p.m. Reserve 354-6225.
- Vehicle winterization course: winter tires, Conn Auto Skills center, 6 p.m. Call 354-8224.
- Zeens for teens at the Ledward Library, 6 p.m. Open to teens interested in designing, writing, and editing for teen magazine. For more information, call 09721-96-1740.
- 9 OCT --"Bowling out stress" sponsored by ACS, Kessler bowling center, 11 a.m.-2 p.m. Two free games and shoe rental in recognition of domestic abuse awareness month. Open to all.
- 10-11 OCT --Trip to textile market in Michelstadt with Crafts Studio. Call 09721-96-6903 to reserve seat.
- 10 OCT --9-pin bowling tournament at Kessler Bowling Center, 1 p.m. Call 09721-83391 or 354-6332.
- 13 OCT --Bulk trash pick up for Askren, Yorktown, and government leased housing.
- 15 OCT --Community theater presents "The Way of All Fish," Abrams Center, 7 p.m. Reserve 354-6225.
- Registration open for dodgeball tourney Oct. 30, Finney fitness center, 6-8:30 p.m. 354-8234.
- 17 OCT --Breast cancer awareness 5k run, Kessler Fitness Center, 9 a.m. Pre-register 7:30-8:15 a.m.
- 19-23 OCT --Unit level flag football championships, at Gold Field on Conn, 6-8:30 p.m. 09721-96-8234.
- 22 OCT --Vehicle winterization course: rust prevention, Conn Auto Skills center, 6 p.m. Call 353-8224.
- Better Opportunities for Single Soldiers (BOSS) meet n' greet, Finney Rec Center, 1-5 p.m.
- 23 OCT --Parents' Night Out, 6:30-11:30 p.m. Sign up now. Cost is \$16. Call 09721-96-6414 to register.
- Health care benefits awareness table set up at PX featuring preventive medicine services, Army public/community health nursing, and nutrition care, 10 a.m.- 2 p.m.
- 24 OCT --Day trip to Rhoen with Outdoor Rec, 9 a.m.-5:30 p.m. \$20. Enjoy rollercoasters, beer, and museum. Call 09721-96-8080.
- 29 OCT --Library book club meets at 5:15 p.m. to discuss "Finding Nouf" by Zoe Ferraris. 354-1740.
- 30 OCT --Health care benefits awareness table set up at PX featuring TRICARE, 10 a.m.- 2 p.m.
- 31 OCT --Day trip to Pottenstein with Outdoor Rec, 9 a.m.-5:30 p.m. \$20 Enjoy Devils Cave, smoked fish and rollercoaster. Call 09721-96-8080.
- Halloween bash with costume contest for children & adults, Ledward Library, 5 p.m.
- Better Opportunities for Single Soldiers music and theater "Thriller Night." Finney Rec.
- 1 NOV --Crafts market trip to Lauterbach with Crafts Studio, departs 8 a.m. Call 09721-96-6903.
- 5 NOV --Vehicle winterization course: winter driving, Conn Auto Skills center, 6 p.m. Call 353-8224.
- 5-9 NOV --Geomaris indoor pool trip with Outdoor Rec., 5-8:30 p.m. Call 09721-96-8080.
- 9 NOV --English as a second language, level II, six-week courses begin and meets Mon/Wed from 5 to 7 p.m. and Tues/Thurs from 1 to 3 p.m. Call 09721-96-6933.

Community 6 week outlook calendar



Schweinfurt DPW hosts USAREUR workshop

By Emily Athens

Every year, Installation Management Command Europe conducts a natural resources manager's workshop at a different Army garrison Europe-wide. This year, Schweinfurt's environmental division was given the honor of hosting the training, housing 50 attendees from all over United States Army Europe, including the Army Environmental center and the Office of the Assistant Chief of Staff for Installation Management, who came ready to strengthen partnerships, discuss environmental issues, and learn about Schweinfurt's conservation program.

"It was a great success for us. Our purpose was to put the news out, discuss new requirements of the overall conservation program ... and then specifically introduce our work and our program, what we've done in the last 20 years and how we intend to proceed," said Lothar Rueckert, Directorate of Public Works (DPW) environmental division chief.

The workshop Sept. 15 through 17 included special guests who presented specific projects of environmental compensation measures and highlighted the coordination between the regional

training support center, the environmental office, the training support center, and the federal forester, Rueckert said.

Kathrin Poptchevan, conservation manager at DPW, explained that compensation measures are the actions



Kathrin Poptchevan, conservation manager, shows attendees of the annual natural resources manager's workshop a thriving biotope located in the local training area. (Courtesy photo)

taken to ensure wildlife habitats are maintained, to include the construction of new habitats, creating dams, planting hedges, maintaining grasslands, and more.

Integrated into the workshop was also a four-hour field trip where participants toured the local training area, dubbed Area Mike, to observe various new and existing

habitats, improved training facilities, and more.

"This is the third time it's been in Schweinfurt. It's good press for the garrison to have the workshop here and get the opportunity to introduce our conservation program to show the rest of the world the work we do," Rueckert said.

The work of the environmental division combines preservation of the local environment with meeting the Soldiers' training needs.

"The main thing is that we support our Soldiers' required training objectives for readiness and deployments," said Wolfgang Froehling, DPW environmental engineer.

While the environment division focuses their goals on training facilities and environmental conservation, they also must take into account laws of reforestation.

"There is a coordination process to ensure cooperation of all host nation standards," Poptchevan said, explaining that the area must comply with German and European environmental law.

"Our overall goal is to provide the best possible training facilities for realistic training," Rueckert said.

Register for October's Edge program



Aleeya Harris practices auditioning at the Theater 101 class held each Wednesday. Introduction to theater is only one of the many classes offered through the Edge program. Call 09721-96-6414 for a list of other activities or to sign up for an October package. (Photo by Sandra Wilson)

SPOUSES

that," said Diana Eshelman, program co-chair.

According to Eshelman, monthly events are offered in the evening and during the day, providing such activities as wine tasting, spa treatments, a boat cruise, and much more.

"You can dress it up or play it down as much as you want. You're welcome to come however you are. It's fun no matter what," Eshelman added.

Furthermore, the SCSC offers volunteering opportunities for those looking to devote some time to the selfless act of community service.

"You don't have to volunteer as a member. If you choose to come just to come and enjoy the programs, then come and enjoy the programs. But if you want to volunteer, we have everything ... helping with the newsletters, programs, hospitality, and the bazaar ... if you express interest in a particular area you enjoy, then we can connect you," Duncan said.

To join, stop by the thrift store on Ledward Barracks or visit www.schweinfurtspousesclub.com.



SES celebrates American Constitution Day

Story and photo by Sandra Wilson

The American Constitution was signed in Philadelphia Sept. 17, 1787, and Schweinfurt Elementary School (SES) celebrated that momentous occasion with a schoolwide assembly about the Constitutional Convention Sept. 17.

Since 2005, the U.S. Department of Education has mandated that all schools receiving federal funds would celebrate the history of the American Constitution through educational programming. Formerly known as "Citizenship Day," Sept. 17 was established by law in 2004 as "Constitution Day."

The feature presentation of the SES assembly brought students from Chenna Culver's fifth-grade class on stage to reenact the debates and discussions that ensued at the Constitutional Convention in 1787.

"They have the same problems we do with making decisions," said SES Principal Wilma Holt to introduce the skit about the convention. But the purpose remained to improve upon the existing form of

government under the Articles of Confederation.

After the skit, the "Star Spangled Banner" was played on the saxophone followed by fifth-graders singing "The Preamble Song" with audience participation.

Teacher Keone Helton gave a short history lesson on the song, "Yankee Doodle," before his third-grade class assembled in the front and played the tune on their recorders.

"Doodle was not a very nice word," Helton said. "The British used to sing it to put us down. ... But they didn't like it when we sang it back to them."

The assembly and day's commemoration



Jalynn Williams, left, and Sophia Cole perform in Chenna Culver's fifth-grade class skit about the Constitutional Convention in 1787.

served its purpose of continuing the education of students on the history of America.

"You probably know this better than a regular American citizen," Holt said to the students as she gave one final quiz question for the audience to answer about the American government.

Retiree pay representative to visit Germany

IMCOM-Europe press release

HEIDELBERG, Germany – A retiree pay representative from Defense Finance and Accounting Service-Cleveland is scheduled to visit various locations in Belgium, the Netherlands and Germany Oct. 14-24 to assist retirees and annuitants with pay problems and conduct audits of individual pay accounts.

Most retirees who asked that their retiree account be audited by a DFAS-Cleveland representative reported there were errors discovered about which they had not previously thought needed updated, according Mike Malone, Installation Management Command-Europe Retirement Services Officer.

Malone told of one retiree said his account had the wrong beneficiary information, indicating a deceased wife. Another retiree, according to Malone, said he was paying state taxes to a state that did not tax military retiree pay.

In both cases the errors were corrected on the spot, said Malone. A retiree in France brought in a death certificate on his wife to suspend Survivor Benefits Plan payments and gain reimbursement for past payments. However, because the wife had died eight years ago, DFAS, Cleveland, by law, could only reimburse payments back to six years.

"We think you should take this opportunity for face-to-face review of your account with the DFAS-Cleveland representative during his October visit," said Malone. "You should meet with him

and audit your Retiree Account Statement to ensure your records are up-to-date."

DFAS Visit Schedule for October:

- Oct. 16: USAG Kaiserslautern, Kleber Kaserne, Bldg 3245, Rm. 6 (Basement), 9 a.m.-1 p.m.
- Oct. 17: USAG Heidelberg, RAD PHV Pavilion, 7 a.m.-3 p.m.
- Oct. 19: Spangdahlem AFB, Airman Readiness Center, Bldg 307, Computer Room, 9 a.m.-3 p.m.
- Oct. 22: USAG Wiesbaden, Bldg 1023W, Rm. 106 9 a.m.-1 p.m.
- Oct. 23: USAG Stuttgart Panzer Kaserne, Bldg 2915, Rm. 307, 9 a.m.-1 p.m.
- Oct. 24: Grafenwoehr, Bldg. 244

"Remember, it normally only takes 10-15 minutes to bring your Retiree Pay Account up-to-date," said Malone. "We look forward to seeing you there. No appointments - first come, first served. All retirees will be seen. The representative will stay longer at a location if need be."

Call the Schweinfurt retiree services officer at 353-8812 or 09721-96-8812 for any changes in times and possible locations due to military priorities.



44th Signal provides communications support for Combined Endeavor 2009

By Lawrence Torres III,
5th Signal Command

WIESBADEN, Germany – Soldiers with the 44th Expeditionary Support Battalion provided strategic and tactical communications support to teams from nearly 40 nations during Combined Endeavor (CE) 09, the world’s largest communication interoperability exercise.

More than 1,200 participants conducted more than 1,000 communications information systems interoperability tests from Sept. 4-17. This was the first time that three separate locations were used during the communications event, with the Bosnia-Herzegovina as the main site. Other locations included Suz Base, Netherlands and Copenhagen, Denmark.

The 44th ESB teams arrived early, with their Joint Network Node (JNN) in Banja Luka, Bosnia, and Command Post Node (CPN) in Zoutkamp, Netherlands, providing voice and data communications interoperability testing.

“We are forming remarkable partnerships,” said Brig. Gen. Jeffrey G. Smith, Jr., 5th Signal Commanding General. “Combined Endeavor is clearly one of the best training grounds for future military leaders at all levels. Participating nations send their brightest to learn from their peers from other nations.”

The 44th ESB 1st Platoon Leader, 2nd

Lt. Courtney Jackson, said his Soldiers worked hard and gained communication knowledge and information from other countries.

“The most challenging part of the exercise was getting the systems to talk to each other,” Jackson said. “We had to find out where we fit into the network by talking to the right people from other nations, with our lead nation, Croatia, helping us out.”

“Communication between nations is crucial for any coalition military operation,” Smith said. “Combined Endeavor makes it possible for nations to progress through common security issues where they surface.”

Since 1995, the Combined Endeavor interoperability guide has been used by participating nations involved in every major military and humanitarian relief operation,



A representative from the Institute of Electronics and Cryptology of Turkey shows Staff Sgt. Charles Johnson a communications program during exercise Combined Endeavor 2009 at Kozara Barracks, Banja Luka, Bosnia and Herzegovina. Johnson is the platoon sergeant for 1st platoon, 44th Expeditionary Signal Battalion. (U.S. Army photo by Lt. Col. Michael L. Walton)

including the 2006 evacuation of Lebanon, the 2004 Tsunami relief efforts and the NATO operations in Iraq and Afghanistan.

“The best part of this exercise was being able to meet people from different countries,” Jackson said. “I found out that one of the lieutenants from Kazakhstan actually went to the same Signal basic course I attended in Fort Gordon, Ga., which shows an ever-changing world.”

FIREPROOF

“I think the themes of the movie speak to the military need. ... Soldiers are rescuers just by affiliation and the fact that he was a firefighter in the movie would really help address these personalities and how they deal with marriage. We’re seeing double-digit divorce rates in our battalions returning. ... This movie speaks directly to divorce and how to reconcile,” Mason said.

Mason praises the ability of this movie to speak to every individual and couple, despite their situation, and also identifies the issues of pornography throughout the storyline.

“You don’t see any vices in this movie, but one, which is pornography, and that is a huge issue for Soldiers downrange. ... The movie shows how to deal with that and how to

reconcile that within yourself after a deployment,” he said.

Kirk Cameron, child actor perhaps best known from the 1980s television series “Growing Pains”, stars in the “Fireproof” movie which, according to Mercedes Luna, family member of the 9th Engineer Battalion, is an inspirational movie with much emotion, love, and laughter.



“I really like the movie. ... it benefitted my marriage and changed our lives. Anyone can learn from this movie— couples, kids, individuals, everybody— and become a better person from it,” Luna said.

Participants are encouraged to bring their own blankets, chairs, and snacks to enjoy. The movie will be available for additional public viewings Oct. 23, Dec. 4, and Jan. 8, 2010, at times and locations to be announced.



FluMist® available at Schweinfurt clinic

By Jennifer Walsh
Bavaria MEDDAC PAO

VILSECK, Germany – The Bavaria Medical Department Activity is now offering FluMist®, an intranasal vaccine that helps prevent seasonal influenza, at their seven outlying health clinics in Bamberg, Grafenwoehr, Hohenfels, Illesheim, Katterbach, Schweinfurt and Vilseck.

Flu Zone®, which is the injectable vaccine, is not yet available in the Bavaria footprint.

“Currently, we’re offering the FluMist® to all of our eligible beneficiaries,” said Capt. Joseph Woodring, BMEDDAC chief of preventive medicine. “Once we receive our shipment of injectable vaccines, better known as flu shots, we will inform our communities through the local papers and AFN.”

The influenza virus, more commonly known as the flu, is a contagious disease which can be spread by coughing, sneezing or nasal secretions. According to the

Centers for Disease Control and Prevention, more than 200,000 people are hospitalized each year with influenza, with 36,000 who die from the disease. Common symptoms include fever, sore throat, coughing, chills,



fatigue, headaches and muscle aches.

“Influenza is not the same thing as having a cold,” said Lt. Col. Jeff Linck, BMEDDAC deputy commander of nursing. “For example, if you have a cold you aren’t going to run a high fever, but if you have

the flu you’ll definitely be running a high temperature.”

Although some people may have gotten their flu vaccine last year, medical professionals recommend they come in to get the new annual vaccine.

“Since the strains are always changing, you want to get the flu vaccine each year to ensure you’re protected against the most current strain,” Woodring said.

BMEDDAC will offer three types of flu vaccination – FluMist®, Flu Zone® and a pediatric injectable flu vaccine. Each patient will complete a pre-screening form, which covers information such as age and long-term health conditions, so health care providers can administer the most appropriate

vaccine.

People wanting more information about the flu vaccine can call the Schweinfurt immunization clinic at 09721-96-6378. Walk in hours are 8-11:30 a.m. and 1-3:30 p.m. Monday through Friday.

H1N1 vaccine expected to arrive in October

By Jerry Harben, U.S. Army Medical Command

Army expects H1N1 vaccine in October

“I don’t want anybody to be alarmed, but I do want everybody to be prepared,” said President Barack Obama, about this year’s influenza season.

This year health officials are preparing for the Novel H1N1 flu - initially known as “swine flu” when it was widely publicized last year - in addition to the seasonal flu vaccinations to which military personnel are accustomed.

Seasonal flu and H1N1 flu are different strains of influenza viruses, and vaccination against both is necessary to be fully protected.

“Influenza viruses change from year to year. Vaccination is your best protection against influenza infection,” said Lt. Col. Patrick Garman, deputy director of the military vaccine agency.

“The seasonal influenza vaccine is already available. Vaccine shipments began in early August. Military treatment facilities began their seasonal influenza vaccine program immediately upon receipt of influenza vaccine to protect individuals at risk from developing influenza or its complications. Our CONUS and OCONUS beneficiaries and retirees who are enrolled in TRICARE can receive their vaccination at their local MTF,” said Garman.

TRICARE covers the flu vaccination for beneficiaries, as long as it is administered in a doctor’s office.

“It is DoD’s primary goal to have more than 90 percent of servicemembers vaccinated against seasonal influenza by Dec. 1. The secondary goal is to swiftly complete the seasonal influenza vaccinations and begin preparations for the impending H1N1 vaccination program,” said Garman.

The H1N1 vaccine should be available in October. People 10 years of age and older will receive one dose. Those 6 months of age to less than 10 years will require two doses separated by approximately one month. The vaccine will be available as both an injectable or nasally inhaled product, just as seasonal flu vaccine is.

To prepare for a possible pandemic disease, DoD has stockpiled antiviral treatments for 8 million people.

Novel H1N1 influenza so far has been no more severe than seasonal flu. Garman said that experts expect it to be the dominant strain of circulating influenza this year because, until vaccination, most people lack immunity to it. The two diseases cause similar symptoms: fever, sore throat, cough, runny nose, chills, headache, muscle aches and feeling rundown.

DoD maintains a clearing house of influenza information at <http://fhp.osd.mil/aiWatchboard/>.



State Department urges vigilance during German elections Sunday

U.S. State Department press release

The Department of State alerts U.S. citizens that Al Qaeda has threatened it will conduct terrorist attacks in Germany immediately prior to and following the federal elections Sunday. This travel alert expires November 11, 2009.

Al Qaeda recently released a video specifically warning Germany of attacks. German authorities are taking the threat seriously and have taken measures to enhance the level of security throughout the country.

The Department of State urges U.S. citizens to maintain good security practices at all times and to maintain a heightened situational awareness and a low profile. Americans are advised to monitor news reports and consider the level of security present when visiting public places or choosing hotels, restaurants, and entertainment and recreation venues.

We encourage U.S. citizens to read the Department of State's current Worldwide Caution http://travel.state.gov/travel/cis_pa_tw/pa/pa_1161.html. It provides additional information on

potential threats to U.S. citizens overseas, along with advice on how to reduce your vulnerability to such threats. Additional general information on residing and traveling abroad, including the latest country specific information http://travel.state.gov/travel/cis_pa_tw/cis/cis_1123.html for Germany, may be found on the Bureau of Consular Affairs Web site <http://travel.state.gov/index.html>.

Contact information for the U.S. Embassy in Berlin and U.S. Consulates in Frankfurt, Hamburg, Dusseldorf, Munich, and Leipzig may be found on the U.S. Diplomatic Mission to Germany's Web site <http://germany.usembassy.gov/acs/index.html>.

All U.S. citizens traveling to or living in Germany are urged to register with the U.S. Embassy through the State Department's travel registration Web site <https://travelregistration.state.gov/ibrs/ui/>.

Travelers may also obtain up-to-date information on security conditions by calling 1-888-407-4747 toll-free in the United States or outside the United States and Canada on a regular toll line at 1-202-501-4444.

Library hosts Hispanic heritage luncheon



Jacob Robinson-Blakeman takes a whack at the piñata during the Hispanic heritage luncheon at the Ledward Library Wednesday.

Nearly 150 people came to sample the food and mingle with fellow community members in celebration of Hispanic heritage month, which began Sept. 15, the anniversary of Latin American independence. (Photo by Emily Athens)

Soldiers must now schedule DA photos, order visual information services online

By 7th Army Joint Multinational Training Command Public Affairs

GRAFENWOEHR, Germany - Starting Oct. 1, Soldiers in Europe must now schedule their official Department of the Army photography appointments online, as directed by DA Headquarters.

The new, web-based Visual Information Ordering Site (VIOS), www.vios.army.mil, allows Soldiers to schedule DA photos, location photography, graphic and video production, presentation support services, media and equipment loan electronically.

Area Training Support Centers (TSC) have enabled VIOS and the online appointment calendar, to streamline the scheduling process by automatically de-conflicting the Soldiers requested appointment, and submitting the work order online, eliminating the need to call the local TSC to submit a manual work order on DA Form 3903.

The VIOS software application requires Common Access Card authentication, allows more efficient work-order tracking, and provides Soldiers the ability to schedule an appointment anywhere, at anytime, when they have access to a military computer.

For more information on accessing VIOS, call the Schweinfurt TSC at 354-6316 or 09721-96-6316.



LEDWARD LIBRARY'S
New Coffee Lounge

GRAND OPENING

October 6
12-1 p.m.

Stop by to read your favorite book or periodical or just chill out while enjoying a refreshing cup of coffee.

HOT SPOT WiFi

Bldg 242 Ledward Barracks
Monday-Thursday: 10 am-8 pm
Closed Friday
Saturday, Sunday & Holidays: 10 am-6 pm
09721-96-1740 or DSN 354-1740

MWR

the edge

adventure art fit life

CUTTING-EDGE ART, FITNESS, LIFE SKILL & ADVENTURE ACTIVITIES

Gaming (Grades 6-12)
October 5, 19 & 26; 5-8 p.m.
Video games! Challenge yourself or others.

Bowling Adventure & Tournament (Grades 6-12)
October 6, 13, 20 & 27; 5-8 p.m.
There is a potential bowler in everyone!

Theater 101 (Grades 6-8)
October 7, 14, 21 & 28; 3-6 p.m.
Improve your acting & theater skills.

Get Fit (Grades 6-8)
October 8, 15, 22 & 29; 3-6 p.m.
See how to strengthen & develop your body.

Pimp this Ride (Grades 9-12)
October 9, 16, 23 & 30; 5-8 p.m.
Learn about auto maintenance & repair.

Activities are free and run 3-6 p.m.
To sign-up, call Central Registration at 09721-96-6517/DSN 354-6517.

MWR

U.S. Army Child, Youth & School Services

GENERATION NEXT

SCHWEINFURT MIDDLE SCHOOL/TEEN CENTER

ESCAPE. RELAX. HAVE FUN.

Sports, Fitness & Health

Music, Technology & Fine Arts

Citizenship, Leadership & Life Skills

Call for a schedule of activities.

Bldg. 241, Ledward Barracks
09721-96-6732/
DSN 354-6732
Mon-Fri, 3-8 p.m.;
Sat, 1-10 p.m.

MWR

U.S. Army Child, Youth & School Services

CYSS CUSTOMERS:

All CYS Services Programs, to include SKIES, Family Child Care and Central Registration, will be closed on October 9 to allow all staff, contractors and providers to participate in required training.

ATTENTION

For more information, contact Central Registration at 09721-96-6517 DSN 354-6517.

MWR

U.S. Army Child, Youth & School Services