



Schweinfurt Dispatch

Serving the military community of Schweinfurt

Thursday, October 7, 2010



Visit us online at TeamSchweinfurt.com

News Briefs

CFC-O Fundraising

The Combined Federal Campaign-Overseas is underway here at USAG Schweinfurt. This government-wide fundraiser benefits many approved charities that support quality-of-life initiatives. Last year, our community raised over \$91,000. Help to make this year another success. [More...](#)

Bulk Trash Day

Tuesday, Oct. 12 is bulk trash pick-up day at Askren Manor, Yorktown Village and other government-leased housing. Place items too large for regular trash outside by 7 a.m., but no earlier than Monday afternoon. For more information, call 09721-96-6201.

Basketball League

Register from now until Oct. 12 for the community basketball league. This recreational league is open to all I.D. card holders 18 and older. Season begins Nov. 15 with games to be played here and at different garrisons. Visit Finney fitness center for details or call 09721-96-8234.

Geiselwind Trip

ODR hosts a trip to the Geiselwind Amusement Park, Saturday, Oct. 9, leaving Bldg. 50 on Conn Barracks at 9 a.m. [This park](#) features coasters and thrill rides. Cost for transportation is \$10, entrance fee is €19.50 for under 4'7" tall, €22.50 for everyone taller. Under 3'6" is free. For more, call 09721-96-8080.

Maria Costa

Comedian and performer Maria Costa brings her Latin Jazz, dance and comedy show "Macho Men and the Women Who Love Them" to the Finney Fitness Center, Saturday, Oct. 9, 7 p.m. This critically-acclaimed show blends music, dance and fun into an unforgettable experience. Free admission for I.D. card holders. [More...](#)

Racquetball Tournament

Kessler fitness center hosts the Columbus day racquetball tournament, Saturday, Oct. 9, 9 a.m. to 5:30 p.m. Open to all I.D. card holders, both male and female, 18 and older. All participants receive a T-shirt. Call 09721-96-6735 for more information.

Demonstration Notice

A demonstration is scheduled for Saturday, Oct. 9 at 7 p.m. The intended route is along Am Schuttberg, Ignaz-Schoen, Friedrich-Ebert, Niederwerner, Mozart, Franz-Schubert and Richard-Wagner streets. All personnel are instructed to avoid these areas at this time.

Weight Loss Support

This vital resource meets at Ledward Library Tuesday, Oct. 12, 5:30 p.m. Learn good eating habits, workable fitness plans and more ideas to shift your life back to health. Find support in like-minded people. For more, call 09721-96-6791. [More...](#)

Retiree Appreciation Day

Oct. 23 is USAG Schweinfurt's Retiree Appreciation Day. We honor the service retirees have given to their country and provide an opportunity for them to access valuable community services. Representatives from DFAS, DEERS, the VA, the Health Clinic and more will be on hand to answer questions and make account changes. [More...](#)



Staff Sgt. Carlos Pride holds a low plank position during the Wednesday morning yoga class for 1st Platoon, Charlie Company, Warrior Transition Battalion-Europe. Certified yoga instructor Erika Liem Palidar, standing at right, customizes the weekly PT session to meet the specific physical needs of WTU Soldiers and hopes to "unite body, mind and spirit" for the Soldiers.

WTU Soldiers build strength through yoga

By Charles Stadlander

Ambient music, fragrant candles and deep breathing exercises may not be hallmarks of standard Army PT, but the Soldiers of Schweinfurt's Warrior Transition Unit know their Wednesday morning yoga class at the Kessler fitness center is anything but pure relaxation.

"We were looking for something that would provide a full-body workout, but without the speed," said Staff Sgt. Stephen Gagne, part of the cadre for USAG Schweinfurt's WTU and the originator of the idea for the weekly class. "This was something new; it's low-impact but high-benefit."

Read the complete article [here](#).



Heat where it counts!

With the cold months coming, heat your home practically. Leave the heat off when you're not home and sleep with an extra blanket instead of running the heat all night. Save money and reduce your energy footprint!

LOOKING AHEAD:

Thu, Nov 11:

WWE Smack Down comes to Nürnberg's Arena Versicherung. Stars appearing at this stop on the Smack Down World



Tour will be The Undertaker, Kane, Rey Mysterio and The Big Show. This is your chance to see America's favorite wrestling entertainers. Prices range from €49-90. For ticket sales and more information, click [here...](#)



Ledward Theater

Ledward Barracks, Bldg. 238
DSN 354-1790, CIV 09721-96-1790

Thu, Oct. 7	7 p.m.	Salt (PG-13)
Fri, Oct. 8	7 p.m.	The Town (R)
Sat, Oct. 9	4 p.m.	Cats & Dogs: Revenge of Kitty Galore (PG)
	7 p.m.	The Town
Sun, Oct. 10	4 p.m.	Cats & Dogs: Revenge of Kitty Galore
	7 p.m.	The Town
Mon, Oct. 11	closed	
Tue, Oct. 12	closed	
Wed, Oct. 13	7 p.m.	Charlie St. Cloud (PG-13)
Thu, Oct. 14	7 p.m.	Charlie St. Cloud
Fri, Oct. 15	7 p.m.	Step Up 3D (PG-13)
Sat, Oct. 16	4 p.m.	Legends of the Guardians (PG-13)
	7 p.m.	Step up 3D
Sun, Oct. 17	4 p.m.	Legends of the Guardians
	7 p.m.	The Other Guy(PG-13)

SPRECHEN SIE FUN?

Events and activities in the local communities

FOR MORE INFORMATION ON LOCAL ACTIVITIES AND EVENTS VISIT:
www.schweinfurtserver.de/user/tourismus/Neu/stadtplan_EN_Endversion_2008.pdf

Fri, Oct. 8:

Mad Zeppelin, a Led Zeppelin Cover band, plays at Stattbahnhof, Alte Bahnhofstraße 8-12. Call 09721-186243 or click [here](#).



Roncalli Circus comes to the Würzburg Talavera, a 30-minute drive. This acclaimed circus will remain there for the rest of the month. Tickets range from €14-49. For more information, click [here](#).

Romantica Party at Live club and bar Hemingway, Albrecht-Dürer-Platz 1-5, starting at 9 p.m. Call 09721-1881-331.



Sat, Oct. 9:



Wine Fests are in the area this Saturday. Weinbau Wirsching in Kolitzheim-Stammheim and Weingut Baumann in Oberschwarzach, both about 30 minutes away, have autumnal festivals with wine and local food.

Hell On Earth Tour at the Stattbahnhof, Alte Bahnhofstraße 8-12, 7 p.m., €20-€23. Europe's heaviest metal bands come to Schweinfurt. Call 09721-186243. [More...](#)



Sat, Oct. 9 continued:

Schweinfurt Kunsthalle runs weekend art classes for kids, beginning today. 8-week courses in painting and drawing for ages 3-16 meet Saturdays and Sundays. For details and to sign up, call 09721-51215.



Sun, Oct. 10:

Sol Gabetta, a young Russian cellist, performs with the Bamberg Symphony at Theater der Stadt Schweinfurt, Roßbunnstraße 2. Tickets are €23-36. For details, call 09721-51741, or click [here...](#)



Disco Dance Lessons and Party at the Brauhaus Keller in the Schweinfurt Marktplatz. Come for dancing, drinks and fun. For more information, call 09721-4754927



Thu, Oct. 14:

Oktoberfest at Haus St. Michael in Münnerstadt, Klostergasse 10, about 25 minutes north. The Kloster (nunnery) in this charming Franconian village holds its annual Oktoberfest, with a children's dance group, traditional music and festive food and drink. 2 p.m.



Subscribe to receive Weekly Schweinfurt Update & Calendar

Soldiers, DoD civilians and family members, now you can stay up to date with all the community events. We'll e-mail you once a week information on community events, recreational activities, school events, garrison updates and much more. Don't be left in the dark! [Subscribe!](#)

FORCE PROTECTION
IS EVERYONE'S RESPONSIBILITY

- The State Department alerts U.S. citizens to the potential for terrorist attacks in Europe. [More...](#)
- The Self-Help Guide to Antiterrorism is now available at TeamSchweinfurt.com [Download...](#)



- Thu, Oct. 7 --Joint Hometown News Service will record Holiday Greetings at the PX, 9 a.m.-5 p.m. [More...](#)
--Free class “Advanced Bodywork” at the Conn Auto Skills Center, 7 p.m. Call 09721-96-8224.
- Fri, Oct. 8 --CYSS Services closed for training.
--Register now to Oct. 15 at any fitness center for Breast Cancer Awareness 5K Fun Run, Oct. 16.
--Register now to Oct. 20 for the Men’s Invitational Basketball tournament. Cost is \$250 per team. Tournament begins Sat, Oct. 30. For more, visit Finney fitness center or call 09721-96-8234.
- Mon, Oct. 11 --Every Monday Ledward Library offers: EDGE Junior Journalists from 3:30–5:30 p.m. and Zeens for Teens from 5:30–6:30 p.m. For details, call 09721-96-1740.
- Tue, Oct. 12 --Registration for youth basketball (ages 3–18) and cheerleading (ages 6-18 years) runs until Nov. 19. Visit Parent Central Services or call 09721-96-6517.
--Deadline to register for women’s volleyball at Kessler fitness center. Call 09721-96-6735.
--BOSS meeting at Finney fitness center, 2 p.m. For details, call 09721-96-8476.
- Wed, Oct. 13 --Every Wednesday Ledward Library offers: a Soldier In-Processing Class at 9:30 a.m. and Children’s Story Time & Crafts, at 10 a.m. For details, call 09721-96-1740.
- Thu, Oct. 14 --Ledward Library offers a chess club for kids, grade 4-6, every Thursday, 4-6 p.m. Sign up in advance, spaces are limited. For details, call 09721-96-1740.
--BOSS meet and greet at Finney Rec Center, 1 p.m. For details, call 09721-96-8476.
--AWAG volunteer Franken Conference at Warner Conference Center, Warner Barracks, USAG Bamberg, 8 a.m. to 2:30 p.m. \$20 registration fee. [More...](#)
- Sat, Oct. 16 --Breast Cancer Awareness 5K Fun Run/Walk. 9 a.m., Kessler fitness center. Register 7:30–8:30 a.m.
- Sun, Oct. 17 --Family Day at Kessler Bowling Center. \$1.50 games and free shoes. Call 09721-96-6332.
- Tue, Oct. 19 --Learn how to bake German pastries at Ledward Library, 1 p.m. Baking ingredients will be provided. Please sign up in advance, spaces are limited. For details, call 09721-96-1740.
--BOSS single Soldier dinner, 6 p.m at the Finney fitness center. For details, call 09721-96-8476.
- Thu, Oct. 21 --Free class “Basic Auto Maintenance” at Conn Auto Skills Center, 7 p.m. Call 09721-96-8224.
- Sat, Oct. 23 --Kid-friendly Haunted House on Conn Barracks, Bldg. 20. 2–5 p.m. \$7 admission / \$3 children aged 9 and under. Food and drink for sale at event. For details, call 09721-96-6225.
- Tue, Oct. 26 --Learn how to bake German pastries at Ledward Library, 1 p.m. Baking ingredients will be provided. Please sign up in advance, spaces are limited. For details, call 09721-96-1740.
--Bulk trash pick-up at Askren Manor, Yorktown Village, and government leased housing. For more information, call 09721-96-6201.
- Wed, Oct. 27 --The Ledward Library invites you to their next Book Club meeting at 5:15 p.m. Book title is *The Post-American World* by Fareed Zakaria. For details, call 09721-96-1740.

Community outlook calendar

Schweinfurt Army Community Service hosts events daily. View the calendar [here](#).

ARMED FORCES ENTERTAINMENT PRESENTS:
MARIA COSTA'S MACHO MEN AND THE WOMEN WHO LOVE THEM
 A COMEDIC ROMP AND MUSICAL STOMP

Powered by a Cuban conga band and safty singers and dancers, Maria Costa is a comodic genius who will dance and joke her way into your heart.

SAT, OCT 9: 7 P.M.
FINNEY FITNESS CENTER

FREE/OPEN ADMISSION FOR ALL ID CARDHOLDERS

ARMED FORCES ENTERTAINMENT

FOR INFO, CALL 09721-96-6225/DSN 354-6225.

We're Cooking Up Something **DELICIOUS** at Ledward Library!

German Pastry Baking with Monika
 Kuchen: Tues, Oct 19, 1 p.m.
 Torten: Tues, Oct 26, 1 p.m.

Classes are free. Space is limited. Sign up in advance.

LEDWARD BARRACKS, BLDG. 242
 CIV 09721-96-1740 • DSN 354-1740
 E-MAIL: SCHWEINFURT.LIBRARY@EUR.ARMY.MIL

FINNESS

FREE

CLASSES

Finney Fitness Center:
Functional Fitness*:
 Group A: Mon & Weds, 6:15-8 p.m.
 Group B: Tues & Thurs, 6:15-8 p.m.
 *Space limited to five people per group. Sign up in advance.

Step Aerobics: Mon, Weds & Fri,
 6:30-8 p.m.

Kessler Fitness Center*:
Core/Abdominal Strength Training:
 Mon, 12-12:30 p.m.

Pilates: Tues, 9-10 a.m.

Power Yoga Beginner:
 Weds, 9-10 a.m.

Power Yoga:
 Tues, 6:45-7:45 a.m.,
 & Thurs, 6-7 p.m.

Spinning: Mon & Weds,
 5:30-6:30 p.m.

*Classes subject to change

Kessler: 09721-96-6735/DSN 354
Finney: 09721-96-8234/DSN 353

IN 1810, FRANK MUELLER WAS BURNED AT THE STAKE AS A SUSPECTED WITCH ON THIS VERY SITE. WITH HER LAST WORDS, SHE CURSED ANYONE WHO DISTURBED HER RESTING PLACE. EVER SINCE, HER GHOST APPEARS EVERY 50 YEARS. IT'S 2010 AND SHE'S BACK WITH A VENGEANCE.

HAUNTED HOUSE

(LENN BARRACKS, BLDG. 20 (DFAC BASEMENT))

SAT, OCT 23: 2-5 P.M. (KID FRIENDLY) AND 8 P.M.-MIDNIGHT
 THURS, OCT 28 AND FRI, OCT 29: 8 P.M.-MIDNIGHT
 SAT, OCT 30: 2-5 P.M. (KID FRIENDLY) AND 8 P.M.-MIDNIGHT
 SUN, OCT 31: 2-8 P.M.

ADMISSION FEES: \$7 FOR AGE 10 AND UP/\$3 FOR AGE 9 AND UNDER

FOR INFO, CALL 09721-96-6225/DSN 354-6225.