FITNESS CLASSES

Finney Fitness Center

Spinning
Mon, Wed & Fri, 9-9:45 a.m.
Tues & Thurs, 5:30-6:15 p.m.

Weight Training
Mon, Wed & Fri, 9-10 a.m.

High & Low Impact Aerobics
Tues & Thurs, 9-10 a.m. and 6-7 p.m.

Step Aerobics
Tues & Thurs, 6:45-7:45 p.m.

Personal Trainer
Available upon request

Kessler Fitness Center

Step Aerobics
Tues & Thurs, 5:30-6:30 p.m.

Finney Fitness Center: 09721-968234 or DSN 353-8234
Kessler Fitness Center: DSN 354-6735

MWR

Eddie's
Family
Restaurant

Ledward Barracks, Bldg. 224

New menu items available!

09721-966215 or DSN 354-6215

Hours:

Monday - Friday 11 a.m.-1:30 p.m. & 5-9:30 p.m.

Sunday 11:30 a.m.-1:30 p.m. & 5-9:30 p.m.

Closed Saturdays

MWR PHONE DIRECTORY

Community Recreation

Abrams Entertainment Center - Rental
Bldg.444, across from Ledward
09721-966715 or
DSN 354-6715

Auto Skills Center
Bldg. 49, Conn Barracks
09721-968224 or
DSN 353-8224

Auto Strip Lot
Bldg. 95, Conn Barracks
09721-83856

Car Wash
Bldg. 39, Conn Barracks
09721-968224 or
DSN 353-8224

Crafts Studio
Bldg. 203, Ledward Barracks
09721-966903 or
DSN 354-6903

Entertainment Program
Bldg. 206, Ledward Barracks
09721-966460 or
DSN 354-6460

Finney Fitness Center
Bldg. 64, Conn Barracks
09721-968234 or
DSN 353-8234

Finney Sports & Leisure
Bldg. 64, Conn Barracks
09721-82041 or
DSN 353-8476/8707

Kessler Fitness Center
Bldg. 451, behind Ledward
DSN 354-6735

Ledward Library
Bldg. 242, Ledward Barracks
09721-961740 or
DSN 354-1740

Outdoor Recreation
Bldg. 50, Conn Barracks
09721-968080 or
DSN 353-8080

Wood N' Frame Shop
Bldg. 242, Ledward Barracks
09721-966304 or
DSN 354-6304

Army Community Service

Bldg. 242, Ledward Barracks
09721-966751 or
DSN 354-6751/6486

Army Emergency Relief
DSN 354-7071/6486

Army Family Team Building
09721-967078 or
DSN 354-7078

Community Operations

Bradley Inn
Bldg. 89, Conn Barracks
09721-7940101 or
DSN 353-1700

Cafe Rohr
Bldg. 224, Ledward Barracks
354-6926

Conn Community Club and Lower Cavern Club
Bldg. 90, Conn Barracks
09721-803201 or
DSN 353-8398

Conn Country Kitchen
Bldg. 64, above Finney Fitness
09721-805546 or
DSN 353-8708

Eddie's Family Restaurant
Bldg. 224, Ledward Barracks
09721-4758492 or
DSN 354-6215

Kessler Bowling Center & Batting Cages
Bldg. 449, behind Ledward
09721-83391 or
DSN 354-6332

Tax Relief Office
Bldg. 206, Rm. 218, Ledward
09721-86798 or
DSN 354-1780

Child & Youth Services (CYS)

Central Registration
Bldg. 224, Ledward Barracks
354-6517/6414

Child Development Center
Bldg. 503, Askren Manor
09721-82984 or
DSN 354-6281

Family Child Care (FCC)
09721-966487 or
DSN 354-6551/6487

Middle School Zone
Bldg. 574, Askren Manor
09721-87465 or
DSN 354-6308

School Age Services (SAS)
Bldg. 575, Askren Manor
09721-82181 or
DSN 354-6974

SKIES*Unlimited*
Bldg. 444
09721-966460 or
DSN 354-6460

Teen Center
Bldg. 241, Ledward Gym
09721-966732 or
DSN 354-6732

Youth Services Sports
Bldg. 241, Ledward Gym
09721-966822 or
DSN 354-6822